

Monday 1

Tuesday 2

Wednesday 3

Thursday 4

Friday 5

Sizzle and Main-Served with Choice of Fruit and a Fountain Beverage

Scrambled Eggs  
Hash Brown  
Sausage Patty  
Biscuit & Gravy

“Burger Bonanza”  
Grilled Burgers  
Assorted Cheese & Toppings  
French Fries

Grilled Cheese Sandwich  
Tater Tots  
Fresh Fruit Cup

Chicken Tenders  
Mac & Cheese  
Green Beans  
Dinner Roll

“Cinco De Mayo”  
Beef Nachos w/Queso Cheese  
Salsa, Guacamole, Sour Cream  
Jalapenos, Refired Beans

The Balanced Bite—Served with Choice of Fruit or Cup of Soup and a Fountain Beverage

“The Bulldog”  
Baked Potato Bar With Assorted  
Toppings

Pasta W/Meat Sauce  
Garlic Bread

Sweet & Sour Chicken  
Steamed Rice

Fried or Grilled Chicken Salad  
Assorted Toppings

Pork Fried Rice  
Egg Roll

SproutBerry’s Deli-Served with Choice of Fruit or Cup of Soup and a Fountain Beverage

Turkey & Cheese Croissant  
BLT Sandwich

Turkey and Cheese Croissant  
Crispy Chicken Wrap

Turkey & Cheese Croissant  
Italian Sub

Turkey & Cheese Croissant  
Chicken Salad Sandwich

Turkey and Cheese Croissant  
Ham & Turkey Sub

Rosemary Wilds—Served with a Choice of Fruit or Cup of Soup and Fountain Beverage

Fresh Baked Cheese and Pepperoni Pizza with Daily Specials and Gluten Free Option

Simmer’s Soup Stop

Broccoli Cheddar

Chicken w/Rice

Tomato

Potato

Chicken Noodle

Gordon’s Grill—Served with Fries and a Fountain Beverage

Fresh Grilled Hamburgers, Chicken Sandwiches, French Fries and Daily Specials  
Baked Potatoes, Available Daily with Assorted Toppings

Ala Carte Offerings-Available Everyday

Whole Fresh Fruit, Fresh Cut Fruit Cups, Yogurt Cups, Side Garden Salads, Bottled Beverages,  
Water, Assorted Chips, Fresh Baked Cookies



ChefAdvantage is committed to serving  
Nutritious and Delicious Meals!  
Locally sourced ingredients whenever possible  
No High Fructose Corn Syrup, Trans Fats, or MSG



Monday 8

Tuesday 9

Wednesday 10

Thursday 11

Friday 12

## Sizzle and Main-Served with Choice of Fruit and a Fountain Beverage

Pancakes W/Syrup  
Sausage Patty  
Hash Brown  
Orange Wedges

Hamburger Steak  
Loaded Mashed Potatoes  
Steamed corn  
Dinner Roll

BBQ Chicken  
Roasted Red Potatoes  
Green Beans  
Cornbread

Beef Tacos  
w/Cheese & lettuce  
Chips & Salsa

Beef or Cheese Lasagna  
Steamed Broccoli  
Garlic Bread

## The Balanced Bite—Served with Choice of Fruit or Cup of Soup and a Fountain Beverage

Jalapeno Popper Casserole  
Steamed Rice

Orange Chicken  
Steamed Rice, Egg Roll

Pasta W/Meat sauce  
Garlic Bread

Lo Mein  
Egg Rolls

“The Bulldog”  
Baked Potato Bar

## SproutBerry’s Deli-Served with Choice of Fruit or Cup of Soup and a Fountain Beverage

Turkey & Cheese Croissant  
BLT Sandwich

Turkey and Cheese Croissant  
Crispy Chicken Wrap

Turkey & Cheese Croissant  
Italian Sub

Turkey & Cheese Croissant  
Chicken Salad Sandwich

Turkey and Cheese Croissant  
Ham & Turkey Sub

## Rosemary Wilds—Served with a Choice of Fruit or Cup of Soup and Fountain Beverage

Fresh Baked Cheese and Pepperoni Pizza with Daily Specials and Gluten Free option

## Simmer’s Soup Stop

Tomato

Chicken Noodle

Vegetable

Chicken and Rice

Beef Chili

## Gordon’s Grill—Served with Fries and a Fountain Beverage

Fresh Grilled Hamburgers, Chicken Sandwiches, French Fries and Daily Specials  
Baked Potatoes, Available Daily with Assorted Toppings

## Ala Carte Offerings-Available Everyday

Whole Fresh Fruit, Fresh Cut Fruit Cups, Yogurt Cups, Side Garden Salads, Bottled Beverages,  
Half Pints of Milk, Bottled Water, Assorted Chips, Fresh Baked Cookies



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Monday 15

Tuesday 16

Wednesday 17

Thursday 18

Friday 19

## Sizzle and Main-Served with Choice of Fruit and a Fountain Beverage

Southwest Chicken  
Rice Pilaf  
Steamed Green Beans  
Corn Bread Muffins

Hot Italian Sub  
Steak Fries  
Fresh Fruit Cup

Chicken Tenders  
Tater Tots  
Steamed Broccoli

Burrito Bowl  
Choice of Chicken or Beef  
White or Cilantro Rice  
Assorted Toppings

Build Your Sub Bar  
Assorted Meats & Cheeses  
Assorted Toppings  
Kettle Chips

## The Balanced Bite—Served with Choice of Fruit or Cup of Soup and a Fountain Beverage

Pasta W/Meat sauce  
Garlic Bread

Nacho Bar w/Assorted Toppings

Taco Pasta

Mac & Cheese Bar  
Assorted Toppings

Sweet & Sour Chicken  
Steamed Rice, Egg Roll

## SproutBerry's Deli-Served with Choice of Fruit or Cup of Soup and a Fountain Beverage

Turkey and Cheese Croissant  
Buffalo Chicken Wrap

Turkey and Cheese Croissant  
Crispy Chicken Wrap

Turkey and Cheese Croissant  
Ham & Turkey Sub

Turkey and Cheese Croissant  
Chicken Salad Sandwich

Turkey and Cheese Croissant  
Crispy Chicken Wrap

## Rosemary Wilds—Served with a Choice of Fruit or Cup of Soup and Fountain Beverage

Fresh Baked Cheese and Pepperoni Pizza with Daily Specials and Gluten Free Option

## Simmer's Soup Stop

Chicken Noodle

Tomato

Vegetable Soup

Chicken & Rice

Potato Soup

## Gordon's Grill—Served with Fries and a Fountain Beverage

Fresh Grilled Hamburgers, Chicken Sandwiches, French Fries and Daily Specials  
Baked Potatoes, Available Daily with Assorted Toppings

## Ala Carte Offerings-Available Everyday

Whole Fresh Fruit, Fresh Cut Fruit Cups, Yogurt Cups, Side Garden Salads, Bottled Beverages,  
Half Pints of Milk, Bottled Water, Assorted Chips, Fresh Baked Cookies



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Lunch Menu	<b>Columbia Academy Cafe</b>				May 22-26, 2023
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<b>Monday 22</b>	<b>Tuesday 23</b>	<b>Wednesday 24</b>	<b>Thursday 25</b>	<b>Friday 26</b>
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**Sizzle and Main-Served with Choice of Fruit and a Fountain Beverage**

Chicken Nuggets Tater Tots Green Beans Fresh Fruit Cup	Pancakes W/Syrup Sausage Patty Hash Brown	Fried Chicken sandwich French Fries Fruit Cup	Last Day of School Early Dismissal No Lunch	Summer Break
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**The Balanced Bite—Served with Choice of Fruit or Cup of Soup and a Fountain Beverage**

Mac & Cheese Bar	Chefs Choice	Chefs Choice		
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**SproutBerry’s Deli-Served with Choice of Fruit or Cup of Soup and a Fountain Beverage**

Turkey & Cheese Croissant BLT Sandwich	Turkey & Cheese Croissant Fried Chicken Wrap	Turkey & Cheese Croissant Chicken Salad Sandwich	Last Day of School Early Dismissal No Lunch	Summer Break
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**Rosemary Wilds—Served with a Choice of Fruit or Cup of Soup and Fountain Beverage**

**Fresh Baked Cheese and Pepperoni Pizza with Daily Specials and Gluten Free Option**

**Simmer’s Soup Stop**





Potato Soup	Tomato Soup	Chicken Noodle		
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**Gordon’s Grill—Served with Fries and a Fountain Beverage**

**Fresh Grilled Hamburgers, Chicken Sandwiches, French Fries and Daily Specials  
Baked Potatoes, Available Daily with Assorted Toppings**

**Ala Carte Offerings-Available Everyday**

**Whole Fresh Fruit, Fresh Cut Fruit Cups, Yogurt Cups, Side Garden Salads, Bottled Beverages,  
Half Pints of Milk, Bottled Water, Assorted Chips, Fresh Baked Cookies**

			<p><i>ChefAdvantage is committed to serving Nutritious and Delicious Meals!</i></p> <p>Locally sourced ingredients whenever possible No High Fructose Corn Syrup, Trans Fats, or MSG</p>	
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