

May 3-7, 2021

# Columbia Academy Cafe

Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

### *Sizzle and Main-Served with Choice of Fruit and a Fountain Beverage*

*Breaded Pork Chops  
Rice Pilaf  
Buttered Green Beans  
Dinner Roll*

*Scrambled Eggs  
Sausage Patty  
Hash Brown Potatoes  
Biscuits & Gravy*

*Beef nachos, With Cheese, Salsa  
Mexican Corn, Refried beans  
Churros*

*Grilled Hot Dogs With  
Chili, Cheese, Onions, Relish  
Tater Tots  
Buttered Corn*

*Blackened Tilapia  
Steamed Broccoli  
Wild Rice  
Coleslaw*

### *The Balanced Bite-Served with Choice of Fruit or Cup of Soup and a Fountain Beverage*

*Spaghetti With Meatsauce  
Garlic Bread*

*Vegetable Lo Mein  
Fortune Cookies*

*"The Bulldog"  
Baked potato bar*

*Bowtie Pasta With Meatsauce  
Breadsticks*

*Sweet-N-Sour Chicken  
Steamed White Rice*

### *SproutBerry's Salad Bar and Deli-Served with Choice of Fruit or Cup of Soup and Fountain Beverage*

*Turkey and Cheese Croissant  
Ham & Cheese Sandwich  
Crispy Chicken Wrap*

*Turkey and Cheese Croissant  
Cold Cut Sub  
Buffalo Chicken Wrap*

*Turkey and Cheese Croissant  
Chicken Salad Sandwich  
Turkey Club Wrap*

*Turkey and Cheese Croissant  
Tuna Salad Sandwich  
Philly Wrap*

*Turkey and Cheese Croissant  
Cold Cut Sub  
Chicken Pesto wrap*

### *Rosemary Wilds-Served with a Choice of Fruit or Cup of Soup and Fountain Beverage*

*Fresh Baked Cheese and Pepperoni Pizza with Daily Specials*

### *Simmer's Soup Stop*

*Chicken Noodle*

*Cream Of Mushroom*

*Vegetable Soup*

*Broccoli & Cheese*

*Clam Chowder*

### *Coming Soon! Gordon's Grill –Served with Fries and a Fountain Beverage*

*Fresh Grilled Hamburgers, Chicken Sandwiches, Veggie Burgers, French Fries and Daily Specials  
Baked Potatoes Available Daily with Assorted Toppings*

*Ala Carte Offerings-Available Everyday*

*Whole Fresh Fruit, Fresh Cut Fruit Cups, Yogurt Cups, Bottled Beverages, Fountain Beverages, Half Pints of Milk, Bottled Water, Assorted Chips, Ice Cream Novelties, Fresh Baked Cookies*



*ChefAdvantage is committed to serving  
Nutritious and Delicious Meals!  
Locally sourced ingredients whenever possible  
No High Fructose Corn Syrup, Trans Fats, or MSG*



May 10-14, 2021

# Columbia Academy Cafe

Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

### *Sizzle and Main-Served with Choice of Fruit and a Fountain Beverage*

*Chicken Parmesan  
Buttered Noodles  
Roasted Vegetables  
Breadstick*

*Chili Frito Pie  
Chili, Fritos, Cheese, Tomatoes  
Buttered Corn*

*Beef Tacos With Cheese, Salsa, Sour  
Cream  
Refried Beans*

*Chicken Fajita Rice Bowl  
Chicken, Peppers, Onions  
Spanish Rice  
Steamed Corn*

*Chicken Fried Steak With White  
Gravy  
Mashed Potatoes  
Green Beans, Dinner Roll*

### *The Balanced Bite-Served with Choice of Fruit or Cup of Soup and a Fountain Beverage*

*Ziti with Meatsauce  
Garlic Bread*

*Orange Chicken Over White Rice  
Egg Rolls*

*Spaghetti With Meatsauce  
Garlic Bread*

*Tater Tot Bar with Cheese, Bacon  
Bits, Sour Cream, Green Onions*

*Chicken Alfredo  
BreadStick*

### *SproutBerry's Deli-Served with Choice of Fruit or Cup of Soup and Fountain Beverage*

*Turkey and Cheese Croissant  
Ham & Cheese Sandwich  
Buffalo Chicken Wrap*

*Turkey and Cheese Croissant  
Cold Cut Sub  
Crispy Chicken Wrap*

*Turkey and Cheese Croissant  
Chicken Salad Sandwich  
Turkey Club Wrap*

*Turkey and Cheese Croissant  
Tuna Salad Sandwich  
Ham, Cheese Sub*

*Turkey and Cheese Croissant  
Ham and Swiss Sandwich  
Chicken Pesto Wrap*

### *Rosemary Wilds-Served with a Choice of Fruit or Cup of Soup and Fountain Beverage*

*Fresh Baked Cheese and Pepperoni Pizza with Daily Specials*

#### *Simmer's Soup Stop*

*Chicken & Rice*

*Vegetable*

*Broccoli w/Cheese*

*Vegetable soup*

*Beef Chili*

### *Gordon's Grill –Served with Fries and a Fountain Beverage*

*Fresh Grilled Hamburgers, Chicken Sandwiches, Veggie Burgers, French Fries and Daily Specials  
Baked Potatoes Available Daily with Assorted Toppings*

*Ala Carte Offerings-Available Everyday*

*Whole Fresh Fruit, Fresh Cut Fruit Cups, Yogurt Cups, Bottled Beverages, Fountain Beverages, Half Pints of Milk, Bottled Water, Assorted Chips, Ice Cream Novelties, Fresh Baked Cookies*



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May 17-21, 2021

# Columbia Academy Cafe

Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

### *Sizzle and Main-Served with Choice of Fruit and a Fountain Beverage*

*Salisbury Steak With Gravy  
Roasted Potatoes  
Steamed Carrots  
Dinner Roll*

*Lasagna  
Pasta w/meat sauce  
Steamed Broccoli  
Garlic Bread*

*Scrambled Eggs, French Toast sticks  
\Sausage Links/Patties  
Tropical Fruit*

*Baked Turkey w/Gravy  
Sweet Potato Casserole  
Green Beans  
Dinner Rolls*

*Pork Chop, Baked Fish  
White Beans  
Steamed Corn  
Corn Muffins*

### *The Balanced Bite-Served with Choice of Fruit or Cup of Soup and a Fountain Beverage*

*Bowtie Pasta With Meatsauce  
Garlic Bread*

*Black Pepper Chicken  
Steamed Rice*

*Baked Potato Bar With  
Broccoli, Bacon,Cheese, Sour Cream*

*Fried Rice  
Egg Rolls*

*Spaghetti With Meatsauce  
Garlic Bread*

### *SproutBerry's Deli-Served with Choice of Fruit or Cup of Soup and Fountain Beverage*

*Turkey and Cheese Croissant  
Ham & Provolone Sandwich  
Vegetable Wrap*

*Turkey and Cheese Croissant  
Ham and Swiss Sandwich  
Crispy Chicken Wrap*

*Turkey and Cheese Croissant  
Chicken Salad Sandwich  
Turkey Club Wrap*

*Turkey and Cheese Croissant  
Buffalo Chicken Wrap  
Tuna Salad Sandwich*

*Turkey and Cheese Croissant  
Cold Cut Sub  
Crispy Chicken Wrap*

### *Rosemary Wilds-Served with a Choice of Fruit or Cup of Soup and Fountain Beverage*

*Fresh Baked Cheese and Pepperoni Pizza with Daily Specials*

### *Simmer's Soup Stop*

*Tomato*

*Cream of Mushroom*

*Chicken Noodle*

*Cream of chicken*

### *Gordon's Grill –Served with Fries and a Fountain Beverage*

*Fresh Grilled Hamburgers, Chicken Sandwiches, Veggie Burgers, French Fries and Daily Specials  
Baked Potatoes Available Daily with Assorted Toppings*

*Ala Carte Offerings-Available Everyday*

*Whole Fresh Fruit, Fresh Cut Fruit Cups, Yogurt Cups, Bottled Beverages, Fountain Beverages, Half Pints of Milk, Bottled Water, Assorted Chips, Ice Cream Novelties, Fresh Baked Cookies*



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May 24-28, 2021

# Columbia Academy Cafe

Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

## *Sizzle and Main-Served with Choice of Fruit and a Fountain Beverage*

*Ham & Cheese Sandwiches  
Onion Rings  
Macaroni Salad*

*Half Day  
No Lunch*

*Summer Break!*

*Summer Break!*

*Summer Break!*

## *The Balanced Bite-Served with Choice of Fruit or Cup of Soup and a Fountain Beverage*

*Hamburgers  
With Toppings*

*Half Day  
No Lunch*

*Summer Break!*

*Summer Break!*

*Summer Break!*

## *SproutBerry's Deli-Served with Choice of Fruit or Cup of Soup and Fountain Beverage*

*Assorted Pizzas*

*Half Day  
No Lunch*

*Summer Break!*

*Summer Break!*

*Summer Break!*

## *Rosemary Wilds-Served with a Choice of Fruit or Cup of Soup and Fountain Beverage*

*Fresh Baked Cheese and Pepperoni Pizza with Daily Specials*

## *Simmer's Soup Stop*

## *Gordon's Grill –Served with Fries and a Fountain Beverage*

**Fresh Grilled Hamburgers, Chicken Sandwiches, Veggie Burgers, French Fries and Daily Specials  
Baked Potatoes Available Daily with Assorted Toppings**

***Ala Carte Offerings-Available Everyday***

***Whole Fresh Fruit, Fresh Cut Fruit Cups, Yogurt Cups, Bottled Beverages, Fountain Beverages, Half Pints of Milk, Bottled Water, Assorted Chips, Ice Cream Novelties, Fresh Baked Cookies***



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