

Sept 1-4, 2020

Columbia Academy Cafe

Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

Sizzle and Main-Served with Choice of Fruit and a Fountain Beverage

*Grilled Hot Dogs with Toppings
Tater Tots
Buttered Corn*

*Oven Fried Chicken Breast
Wild Rice
Seasoned Green Beans
Warm Roll*

*Cheesy BBQ Sloppy Joes
French Fries
Garden Salad*

*Ham and Cheese Sandwich
Potato Wedges
Buttered Peas & Carrots*

The Balanced Bite-Served with Choice of Fruit or Cup of Soup and a Fountain Beverage

*Chicken & Rice Casserole
Glazed Carrots*

*Five Cheese Baked Ziti
Steamed Green Peas*

Pizza Macaroni & Cheese

Chicken Noodle Casserole

SproutBerry's Salad Bar and Deli-Served with Choice of Fruit or Cup of Soup and Fountain Beverage

*Turkey and Cheese Croissant
Pimento Cheese Sandwich
Crispy Chicken Wrap*

*Turkey and Cheese Croissant
Ham and Swiss Sandwich
Buffalo Chicken Wrap*

*Turkey and Cheese croissant
Tuna Salad Sandwich
Pesto Chicken Wrap*

*Turkey and Cheese Croissant
Ham & Cheddar Sandwich
Vegetable Wrap*

Rosemary Wilds-Served with a Choice of Fruit or Cup of Soup and Fountain Beverage

Fresh Baked Cheese and Pepperoni Pizza with Daily Specials

Simmer's Soup Stop

Tomato Bisque

Chicken & Rice Soup

Beef Chili

Chicken Tortilla

Coming Soon! Gordon's Grill –Served with Fries and a Fountain Beverage

Fresh Grilled Hamburgers, Chicken Sandwiches, Veggie Burgers, French Fries and Daily Specials

Baked Potatoes Available Daily with Assorted Toppings

Ala Carte Offerings-Available Everyday

Whole Fresh Fruit, Fresh Cut Fruit Cups, Yogurt Cups, Bottled Beverages, Fountain Beverages, Half Pints of Milk, Bottled Water, Assorted Chips, Ice Cream Novelties, Fresh Baked Cookies



*ChefAdvantage is committed to serving
Nutritious and Delicious Meals!
Locally sourced ingredients whenever possible
No High Fructose Corn Syrup, Trans Fats, or MSG*



Sept 7-11, 2020

Columbia Academy Cafe

Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

Sizzle and Main-Served with Choice of Fruit and a Fountain Beverage

**Labor Day
No School**

**Teacher In-Service
No School**

*Smoked Cheesesteak Sandwich
Potato Wedges
Glazed Carrots*

*Chicken & Cheese Quesadillas
Refried Beans
Steamed Corn*

*BBQ Chicken
Mashed Potatoes
Steamed Green Beans
Cornbread*

The Balanced Bite-Served with Choice of Fruit or Cup of Soup and a Fountain Beverage

**Labor Day
No School**

**Teacher In-Service
No School**

*Enchilada Casserole
Garden Salad*

*Chicken Tetrazzini Casserole
Steamed Broccoli*

*Penne with Meat Sauce
or Marinara*

SproutBerry's Deli-Served with Choice of Fruit or Cup of Soup and Fountain Beverage

**Labor Day
No School**

**Teacher In-Service
No School**

*Turkey and Cheese Croissant
Ham and Cheddar Sandwich
Chicken and Pesto Wrap*

*Turkey and Cheese Croissant
Pimento Cheese Sandwich
Crispy Chicken Sandwich*

*Turkey and Cheese Croissant
Chicken Salad Sandwich
Turkey Club Wrap*

Rosemary Wilds-Served with a Choice of Fruit or Cup of Soup and Fountain Beverage

Fresh Baked Cheese and Pepperoni Pizza with Daily Specials

Simmer's Soup Stop

Broccoli & Cheese Soup

Loaded Potato Soup

Chicken & Rice Soup

Gordon's Grill –Served with Fries and a Fountain Beverage

Fresh Grilled Hamburgers, Chicken Sandwiches, Veggie Burgers, French Fries and Daily Specials

Baked Potatoes Available Daily with Assorted Toppings

Ala Carte Offerings-Available Everyday

Whole Fresh Fruit, Fresh Cut Fruit Cups, Yogurt Cups, Bottled Beverages, Fountain Beverages, Half Pints of Milk, Bottled Water, Assorted Chips, Ice Cream Novelties, Fresh Baked Cookies



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Sept 14-18, 2020

Columbia Academy Cafe

Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

Sizzle and Main-Served with Choice of Fruit and a Fountain Beverage

*Turkey Salisbury Steak
Sautéed Green Beans
Smashed Potatoes
Warm Roll*

*Chicken Stroganoff
Steamed Rice
Steamed Broccoli*

*Chicken Strips
Macaroni and Cheese
Corn on the Cob*

*Fried or Baked Catfish
French Fries
Hush Puppies
Coleslaw*

*Chicken Gyros
Roasted Red Potatoes
Garden Salad*

The Balanced Bite-Served with Choice of Fruit or Cup of Soup and a Fountain Beverage

*Mexican Chicken Pasta
Garden Salad*

*Chicken Alfredo with Penne
Buttered Corn*

*Beef Stroganoff
Glazed Carrots*

*“The Bulldog”
Baked Potato Bar*

*Orange Chicken
Steamed Rice*

SproutBerry’s Deli-Served with Choice of Fruit or Cup of Soup and Fountain Beverage

*Turkey and Cheese Croissant
Ham and American Sandwich
Tuna Salad Sandwich*

*Turkey and Cheese Croissant
Ham and Cheddar Sandwich
Chicken and Pesto Wrap*

*Turkey and Cheese Croissant
Pimento Cheese Sandwich
Crispy Chicken Sandwich*

*Turkey and Cheese Croissant
Buffalo Chicken Wrap
Chicken Salad sandwich*

*Turkey and Cheese Croissant
Ham and Swiss Sandwich
Tuna Salad Sandwich*

Rosemary Wilds-Served with a Choice of Fruit or Cup of Soup and Fountain Beverage

Fresh Baked Cheese and Pepperoni Pizza with Daily Specials

Simmer’s Soup Stop

Chicken Noodle

Tomato Basil

Chicken & Dumplings

Beef Vegetable

Chicken Tortilla

Gordon’s Grill –Served with Fries and a Fountain Beverage

Fresh Grilled Hamburgers, Chicken Sandwiches, Veggie Burgers, French Fries and Daily Specials

Baked Potatoes Available Daily with Assorted Toppings

Ala Carte Offerings-Available Everyday

Whole Fresh Fruit, Fresh Cut Fruit Cups, Yogurt Cups, Bottled Beverages, Fountain Beverages, Half Pints of Milk, Bottled Water, Assorted Chips, Ice Cream Novelties, Fresh Baked Cookies



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Sept 21-25, 2020

Columbia Academy Cafe

Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

Sizzle and Main-Served with Choice of Fruit and a Fountain Beverage

*Rotisserie Chicken
Seasoned Potato Wedges
Steamed Green Peas*

*Beef lasagna
Caesar Salad
Garlic Breadstick*

*Pepperoni and Cheese Melts
Tater Tots
Steamed Corn*

*BBQ Chicken
Mashed Potatoes
Sautéed Green Beans*

*Scrambled Eggs
Sausage patty
Hash Browns
Biscuits*

The Balanced Bite-Served with Choice of Fruit or Cup of Soup and a Fountain Beverage

*Cheesy Taco Pasta
Steamed Corn*

*Pasta Primavera
Sautéed Squash*

*Spaghetti & Meatballs
Texas Toast*

Enchilada Casserole

*Cheeseburger Bake
Steamed Broccoli*

SproutBerry's Deli-Served with Choice of Fruit or Cup of Soup and Fountain Beverage

*Turkey and Cheese Croissant
Ham and American Sandwich
Tuna Salad Sandwich*

*Turkey and Cheese Croissant
Ham and Cheddar Sandwich
Chicken and Pesto Wrap*

*Turkey and Cheese Croissant
Pimento Cheese Sandwich
Crispy Chicken Sandwich*

*Turkey and Cheese Croissant
Buffalo Chicken Wrap
Chicken Salad sandwich*

*Turkey and Cheese Croissant
Ham and Swiss Sandwich
Tuna Salad Sandwich*

Rosemary Wilds-Served with a Choice of Fruit or Cup of Soup and Fountain Beverage

Fresh Baked Cheese and Pepperoni Pizza with Daily Specials

Simmer's Soup Stop

Beef Chili

Cream of Tomato

Corn Chowder

Loaded potato

Broccoli & Cheese

Gordon's Grill –Served with Fries and a Fountain Beverage

**Fresh Grilled Hamburgers, Chicken Sandwiches, Veggie Burgers, French Fries and Daily Specials
Baked Potatoes Available Daily with Assorted Toppings**

Ala Carte Offerings-Available Everyday

Whole Fresh Fruit, Fresh Cut Fruit Cups, Yogurt Cups, Bottled Beverages, Fountain Beverages, Half Pints of Milk, Bottled Water, Assorted Chips, Ice Cream Novelties, Fresh Baked Cookies



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Sept 28-30, 2020

Columbia Academy Cafe

Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

Sizzle and Main-Served with Choice of Fruit and a Fountain Beverage

*Pork Chops
Potato Wedges
Sautéed Green Beans*

*Baked Meatloaf
Mashed Potatoes
Steamed Peas
Warm Roll*

*Ham & Cheese Sandwich
Tater Tots
Garden Salad*

The Balanced Bite-Served with Choice of Fruit or Cup of Soup and a Fountain Beverage

Pizza Macaroni & Cheese

*Sweet & Sour Chicken
Steamed Rice*

*Five Cheese Ziti
Steamed Broccoli*

SproutBerry's Deli-Served with Choice of Fruit or Cup of Soup and Fountain Beverage

*Turkey and Cheese Croissant
Ham and American Sandwich
Tuna Salad Sandwich*

*Turkey and Cheese Croissant
Ham and Cheddar Sandwich
Chicken and Pesto Wrap*

*Turkey and Cheese Croissant
Pimento Cheese Sandwich
Crispy Chicken Sandwich*

Rosemary Wilds-Served with a Choice of Fruit or Cup of Soup and Fountain Beverage

Fresh Baked Cheese and Pepperoni Pizza with Daily Specials

Simmer's Soup Stop

Beef Chili

Chicken Noodle

Tomato Bisque

Gordon's Grill –Served with Fries and a Fountain Beverage

Fresh Grilled Hamburgers, Chicken Sandwiches, Veggie Burgers, French Fries and Daily Specials

Baked Potatoes Available Daily with Assorted Toppings

Ala Carte Offerings-Available Everyday

Whole Fresh Fruit, Fresh Cut Fruit Cups, Yogurt Cups, Bottled Beverages, Fountain Beverages, Half Pints of Milk, Bottled Water, Assorted Chips, Ice Cream Novelties, Fresh Baked Cookies



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