

Jan 4-8, 2021

# Columbia Academy Cafe

Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

### *Sizzle and Main-Served with Choice of Fruit and a Fountain Beverage*

*No School  
Teacher In-Service*

*No School  
Teacher In-Service*

*Chicken Fingers  
Macaroni & Cheese  
Green Beans*

*Hamburger Steak  
Mashed Potatoes  
Steamed Corn*

*Baked Tilapia  
Wild rice  
Steamed Broccoli*

### *The Balanced Bite-Served with Choice of Fruit or Cup of Soup and a Fountain Beverage*

*Spaghetti & Meat sauce  
Garlic Bread*

*Chicken Alfredo*

*Orange Chicken  
Steamed Rice*

### *SproutBerry's Salad Bar and Deli-Served with Choice of Fruit or Cup of Soup and Fountain Beverage*

*No School  
Teacher In-Service*

*No School  
Teacher In-Service*

*Turkey and Cheese Croissant  
Ham and Cheese Croissant  
Italian Sub Sandwich*

*Turkey and Cheese croissant  
Tuna Salad Sandwich  
Cold cut Sub*

*Turkey and Cheese Croissant  
Bologna & Cheese sandwich  
Turkey & Cheese Sub*

### *Rosemary Wilds-Served with a Choice of Fruit or Cup of Soup and Fountain Beverage*

*Fresh Baked Cheese and Pepperoni Pizza with Daily Specials*

#### *Simmer's Soup Stop*

*Chicken & Rice Soup*

*Beef Chili*

*New England Clam Chowder*

### *Coming Soon! Gordon's Grill –Served with Fries and a Fountain Beverage*

*Fresh Grilled Hamburgers, Chicken Sandwiches, Veggie Burgers, French Fries and Daily Specials*

*Baked Potatoes Available Daily with Assorted Toppings*

*Ala Carte Offerings-Available Everyday*

*Whole Fresh Fruit, Fresh Cut Fruit Cups, Yogurt Cups, Bottled Beverages, Fountain Beverages, Half Pints of Milk, Bottled Water, Assorted Chips, Ice Cream Novelties, Fresh Baked Cookies*



*ChefAdvantage is committed to serving  
Nutritious and Delicious Meals!  
Locally sourced ingredients whenever possible  
No High Fructose Corn Syrup, Trans Fats, or MSG*



Jan 11-15, 2021

# Columbia Academy Cafe

Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

### *Sizzle and Main-Served with Choice of Fruit and a Fountain Beverage*

Beef Nachos  
Mexican Corn  
Churros

Chicken Nuggets  
Macaroni & Cheese  
Green Beans

Crispitos  
Salsa & Chips  
Refried beans

Stuffed Shells with Pasta Sauce  
Steamed Broccoli  
Garlic Bread stick

Fried Fish  
Steamed Corn  
Roasted potatoes  
Coleslaw

### *The Balanced Bite-Served with Choice of Fruit or Cup of Soup and a Fountain Beverage*

Chicken Stir Fry  
White Steamed rice

Bowtie Pasta with Meat  
sauce

"The Bulldog"  
Baked Potato Bar

Chicken Lo Mein

Chicken & Dumplings  
Biscuits

### *SproutBerry's Deli-Served with Choice of Fruit or Cup of Soup and Fountain Beverage*

Turkey & Cheese Croissant  
Ham & Cheddar Croissant  
Italian Sub Sandwich

Turkey and Cheese Croissant  
Bologna & Cheese Sandwich  
Cold Cut Sub

Turkey and Cheese Croissant  
Chicken salad sandwich  
Turkey & Cheese Sub sandwich

Turkey and Cheese Croissant  
Pimento Cheese Sandwich  
Crispy Chicken Wrap

Turkey and Cheese Croissant  
Chicken Salad Sandwich  
Turkey Club Wrap

### *Rosemary Wilds-Served with a Choice of Fruit or Cup of Soup and Fountain Beverage*

*Fresh Baked Cheese and Pepperoni Pizza with Daily Specials*

#### *Simmer's Soup Stop*

Chicken Noodle soup

Tomato Soup

White Chicken Chili

Loaded Potato Soup

Chicken & Rice Soup

### *Gordon's Grill –Served with Fries and a Fountain Beverage*

Fresh Grilled Hamburgers, Chicken Sandwiches, Veggie Burgers, French Fries and Daily Specials

Baked Potatoes Available Daily with Assorted Toppings

Ala Carte Offerings-Available Everyday

**Whole Fresh Fruit, Fresh Cut Fruit Cups, Yogurt Cups, Bottled Beverages, Fountain Beverages, Half Pints of Milk, Bottled Water, Assorted Chips, Ice Cream Novelties, Fresh Baked Cookies**



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Jan 18-22, 2021

# Columbia Academy Cafe

Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

### *Sizzle and Main-Served with Choice of Fruit and a Fountain Beverage*

*MLK Jr. Day  
No School*

*Beef Tacos  
Churros  
Chips & salsa*

*Grilled Cheese Sandwich  
Tomato Soup  
Fruit Salad*

*Beef lasagna  
Steamed Broccoli  
Garlic Bread*

*Chicken Monteray  
Rice Pilaf  
Green Beans*

### *The Balanced Bite-Served with Choice of Fruit or Cup of Soup and a Fountain Beverage*

*Orange Glazed chicken  
White Rice, egg Roll*

*Penne Noodles w/Meat sauce  
Garlic Toast*

*Vegetable Lo Mein*

*Taco Pasta*

### *SproutBerry's Deli-Served with Choice of Fruit or Cup of Soup and Fountain Beverage*

*MLK Jr. Day  
No School*

*Turkey and Cheese Croissant  
Ham and Cheddar Croissant  
Bologna & Cheese Sandwich*

*Turkey and Cheese Croissant  
Pimento Cheese Sandwich  
Cold Cut Sub*

*Turkey and Cheese Croissant  
Buffalo Chicken Wrap  
Chicken Salad sandwich*

*Turkey and Cheese Croissant  
Ham and Swiss Sandwich  
Tuna Salad Sandwich*

### *Rosemary Wilds-Served with a Choice of Fruit or Cup of Soup and Fountain Beverage*

*Fresh Baked Cheese and Pepperoni Pizza with Daily Specials*

### *Simmer's Soup Stop*

*Broccoli & Cheese*

*Chicken & Dumplings*

*Vegetable*

*Chicken Tortilla*

### *Gordon's Grill –Served with Fries and a Fountain Beverage*

**Fresh Grilled Hamburgers, Chicken Sandwiches, Veggie Burgers, French Fries and Daily Specials**

**Baked Potatoes Available Daily with Assorted Toppings**

**Ala Carte Offerings-Available Everyday**

**Whole Fresh Fruit, Fresh Cut Fruit Cups, Yogurt Cups, Bottled Beverages, Fountain Beverages, Half Pints of Milk, Bottled Water, Assorted Chips, Ice Cream Novelties, Fresh Baked Cookies**



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Jan 25-29, 2021

# Columbia Academy Cafe

Lunch Menu

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Tuesday

Wednesday

Thursday

Friday

### *Sizzle and Main-Served with Choice of Fruit and a Fountain Beverage*

*BBQ Chicken  
Potato Wedges  
Steamed corn  
Dinner Roll*

*Meatloaf  
Mashed potatoes  
Mixed Vegetables*

*Chicken Nuggets  
Macaroni Salad  
Celery & Carrot Sticks*

*Grilled Ham & Cheese  
Macaroni & Cheese  
Green Beans*

*Hot Dogs  
w/ Chili, Cheese, Onions  
Onion Rings  
Fruit Salad*

### *The Balanced Bite-Served with Choice of Fruit or Cup of Soup and a Fountain Beverage*

*Bowtie pasta with Meat sauce*

*Chicken stir Fry  
White Rice*

*Pizza Mac & Cheese*

*"The Bulldog"  
Baked Potato Bar*

*Chicken Alfredo*

### *SproutBerry's Deli-Served with Choice of Fruit or Cup of Soup and Fountain Beverage*

*Turkey and Cheese Croissant  
Ham and American Sandwich  
Cold Cut Sub*

*Turkey and Cheese Croissant  
Ham and Cheese Croissant  
Italian sub*

*Turkey and Cheese Croissant  
Pimento Cheese Sandwich  
Turkey & Cheese sub*

*Turkey and Cheese Croissant  
Buffalo Chicken Wrap  
Chicken Salad Croissant*

*Turkey and Cheese Croissant  
Ham and Swiss Sandwich  
Bologna & Cheese*

### *Rosemary Wilds-Served with a Choice of Fruit or Cup of Soup and Fountain Beverage*

*Fresh Baked Cheese and Pepperoni Pizza with Daily Specials*

#### *Simmer's Soup Stop*

*Beef Chili*

*Cream of Tomato*

*Corn Chowder*

*Loaded potato*

*Vegetable*

### *Gordon's Grill –Served with Fries and a Fountain Beverage*

*Fresh Grilled Hamburgers, Chicken Sandwiches, Veggie Burgers, French Fries and Daily Specials*

*Baked Potatoes Available Daily with Assorted Toppings*

*Ala Carte Offerings-Available Everyday*

*Whole Fresh Fruit, Fresh Cut Fruit Cups, Yogurt Cups, Bottled Beverages, Fountain Beverages, Half Pints of Milk, Bottled Water, Assorted Chips, Ice Cream Novelties, Fresh Baked Cookies*



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## Lunch Menu

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*Sizzle and Main-Served with Choice of Fruit and a Fountain Beverage*

*The Balanced Bite-Served with Choice of Fruit or Cup of Soup and a Fountain Beverage*

*SproutBerry's Deli-Served with Choice of Fruit or Cup of Soup and Fountain Beverage*

*Rosemary Wilds-Served with a Choice of Fruit or Cup of Soup and Fountain Beverage*

*Fresh Baked Cheese and Pepperoni Pizza with Daily Specials*

*Simmer's Soup Stop*

*Gordon's Grill –Served with Fries and a Fountain Beverage*

**Fresh Grilled Hamburgers, Chicken Sandwiches, Veggie Burgers, French Fries and Daily Specials**

**Baked Potatoes Available Daily with Assorted Toppings**

**Ala Carte Offerings-Available Everyday**

**Whole Fresh Fruit, Fresh Cut Fruit Cups, Yogurt Cups, Bottled Beverages, Fountain Beverages, Half Pints of Milk, Bottled Water, Assorted Chips, Ice Cream Novelties, Fresh Baked Cookies**



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