

Lunch Menu



COLUMBIA ACADEMY



28 -2 Oct

Monday

Tuesday

Wednesday

Thursday

Friday



Sizzle & Main



Sub Bar
w/Assorted
Meats,Cheeses,
Toppings
Potato Chips,
Cookie

Bulldog Burrito
Bowl
Chicken or Beef
Rice,
Queso,Salsa,Sour
Cream

Chicken Wings
Assorted Sauces
Assorted Chips
Fresh Fruit Cup

Corndogs
French Fries
Steamed Corn

No Lunch Early
Dismissal



Balanced Bite



Pasta w/Meatsauce
Garlic Bread

Grilled or Fried
Chicken Salad
Breadstick

Baked Potato Bar
Pulled Pork,
Cheese,Sour
Cream, Bacon Bits

Grilled Cheese
Sandwich
Assorted Chips
Cookie

No Lunch Early
Dismissal



Pepperoni Pizza
Cheese Pizza
Pizza Of The
Day



Cheeseburgers
Hamburgers
Fried Chicken Sandwiches
Grilled Chicken
Sandwich



Salad Bar Includes:
Romaine Lettuce,
Mixed Greens, Twelve
Fresh Toppings
and House Made
Dressings.

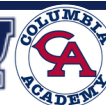
ChefAdvantage is committed to serving nutritious and delicious meals!
We use locally sourced ingredients whenever possible.
We do not use MSG, Trans Fats or High Fructose Corn Syrup



Lunch Menu



COLUMBIA ACADEMY



Oct 12-15

Monday	Tuesday	Wednesday	Thursday	Friday
SIZZLE & MAIN Sizzle & Main SIZZLE & MAIN				
Baked Chicken Roasted Red Potatoes Seasoned Green Beans Dinner Roll	Hamburger Bar Assorted Toppings French Fries Cookies	Chicken Nuggets Macaroni & Cheese Steamed Broccoli Dinner Roll	Scrambled Eggs Sausage Patty Hash Browns Orange Wedges	Chicken Sandwich with Lettuce, Pickles Waffle Fries Fresh Fruit Cup Pickle Spear
BALANCED BITE Balanced Bite BALANCED BITE				
Ham & Cheese Sliders Assorted Chips Soup of the Week: Chicken Noodle	Protein Bowl Grilled Chicken, Brown Rice, Black Beans, hard Boiled Eggs, Dressing	Pasta w/Meatsauce Garlic Bread	Sweet & Sour Chicken Steamed Rice Egg Roll	Nacho Bar Seasoned Beef, Queso , Salsa, Gaucamole, Sour Cream, Churros
ROSEMARY WILDS Pepperoni Pizza Cheese Pizza Pizza Of The Day	GORDON'S GRILL Cheeseburgers Hamburgers Fried Chicken Sandwiches Grilled Chicken Sandwich		SPROUT BERRY'S SALAD & DELI Salad Bar Includes: Romaine Lettuce, Mixed Greens, Twelve Fresh Toppings and House Made Dressings.	

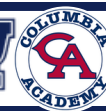
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Lunch Menu



COLUMBIA ACADEMY



Oct 19-23

Monday

Tuesday

Wednesday

Thursday

Friday



Sizzle & Main



Chicken Tenders
Macaroni & Cheese
Fresh Green Beans
Dinner Roll

Hot Italian Sub
Housemade Chips
Pickle Spear
Cookie

Hot Dog or Italian
Sausage
w/Chili, Cheese, Relish,
Onion
Assorted Chips
Fresh Baked Cookie

Baked Meatloaf
Mashed Potatoes
Steamed Broccoli
Dinner Roll

Chicken Alfredo
Roasted Vegetables
Garlic Bread



Balanced Bite



Taco Pasta
Soup of The Week:
Tomato

Fried Chicken Salad
Breadstick

Baked Potato Bar
Assorted Toppings

Pasta w/Meatsauce
Garlic Bread

Tater Tot Bar
w/Pulled Pork
Assorted Toppings



Pepperoni Pizza
Cheese Pizza
Pizza Of The Day



Cheeseburgers
Hamburgers
Fried Chicken Sandwiches
Nashville Hot Chicken



Salad Bar Includes:
Romaine Lettuce,
Mixed Greens, Twelve
Fresh Toppings
and House Made
Dressings.

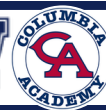
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Lunch Menu



COLUMBIA ACADEMY



Oct 26-30

Monday

Tuesday

Wednesday

Thursday

Friday



Sizzle & Main



Pancakes w/Syrup
Sausage Patty
Hash Brown
Orange Wedges

BBQ Chicken Thighs
Baked Beans
Cob Corn
Coleslaw

Grilled Cheese
Sandwich
Tomato Soup
Fresh Fruit Cup

Cuban Sandwich
(Pork, Ham, Provalone)
Steak Fries
Cookie

Fried Catfish
Hush Puppies
Steamed Broccoli
Cornbread



Balanced Bite



Cobb Salad
Bread Stick
Soup of The Week:
Vegetable

Pasta w/Meatsauce
Garlic Bread

Black Pepper
Chicken
Steamed Rice
Egg Roll

Million Dollar
Chicken Casserole
Steamed Rice
Dinner Roll

Macaroni & Cheese
Bar
BBQ Chicken,
Broccoli, Bacon Bits



Pepperoni Pizza
Cheese Pizza
Pizza Of The Day



Cheeseburgers
Hamburgers
Fried Chicken Sandwiches
Nashville Hot Chicken



Salad Bar Includes:
Romaine Lettuce,
Mixed Greens, Twelve
Fresh Toppings
and House Made
Dressings.

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