

Sept 1-5

Monday

Tuesday

Wednesday

Thursday

Friday



Sizzle & Main



Labor Day No School Teacher In-Service
No School

Fried or Nashville
Hot Chicken
Sandwich
French Fries
Fruit Cup

Burrito Bowl
Seasoned Chicken,
Beef, Queso
Cheese, White or
Cilantro Rice, Salsa,
Churros

Hand Breaded Chicken Wings Assorted Sauces French Fries Fresh Fruit Cup



Balanced Bite



Labor Day No School Teacher In-Service No School

Black Bean Quinoa Bowl Breadstick Simmers Soup of The Week: Tomato

Pasta W/Meatsauce Garlic Bread **Baked Potato Bar Assorted Toppings**



Pepperoni Pizza Cheese Pizza Pizza Of The Day



Cheeseburgers
Hamburgers
Bacon Cheeseburgers
Fried Chicken Sandwiches
Nashville Hot Chicken



Salad Bar Includes:
Romaine Lettuce,
Mixed Greens, Twelve
Fresh Toppings
and House Made
Dressings.





Monday

Tuesday

Wednesday

Thursday

Friday

Sept 8-12



Sizzle & Main



BBQ Chicken
Roasted Red Potatoes
Green Beans
Dinner Roll

Chicken Gyro
Assorted Toppings
House Made Chips
Cookie

"National Hotdog Day" Grilled Hotdogs Assorted Toppings Chips, Cookie Scrambled Eggs
Sausage Patty
Hash Brown
Baked Apples

Fried Catfish
French Fries
Steamed Broccoli
Coleslaw



Balanced Bite



Macaroni & Cheese Bar Assorted Toppings Simmers Soup of The Week: Chicken Noodle

Pasta w/MeatSauce
Garlic Bread

Nacho Bar Assorted Toppings Buffalo Chicken Pasta Garlic Bread Tater Tot Bar Assorted Toppings



Pepperoni Pizza Cheese Pizza Pizza Of The Day



Cheeseburgers
Hamburgers
Bacon Cheeseburgers
Fried Chicken Sandwiches
Nashville Hot Chicken



Salad Bar Includes:
Romaine Lettuce,
Mixed Greens, Twelve
Fresh Toppings
and House Made
Dressings.





Sept 15-19

Monday

Tuesday

Wednesday

Thursday

Friday



Sizzle & Main



Grilled Cheese French Fries Dill Pickle Fresh Fruit Cup Beef or Cheese Lasagna
Steamed
Cauliflower
Garlic Bread

Grilled Hamburgers
Assorted Cheeses
Assorted Toppings
French Fries
Cookie

Country Fried Steak
W/Gravy
Mashed Potatoes
Mixed Vegetables
Cornbread

Chicken Alfredo Side Caesar Salad Garlic Bread



Balanced Bite



Baked Ravioli
Garlic Bread
Simmers Soup
of The Week: Vegetable

Fried Rice Bar Egg Roll Pasta W/Meatsauce Garlic Bread Fried or Grilled
Chicken Salad
Assorted Toppings

Cobb Salad Breadstick



Pepperoni Pizza Cheese Pizza Pizza Of The Day



Cheeseburgers
Hamburgers
Bacon Cheeseburgers
Fried Chicken Sandwiches
Nashville Hot Chicken



Salad Bar Includes:
Romaine Lettuce,
Mixed Greens, Twelve
Fresh Toppings
and House Made
Dressings.





Sept 22-26

Monday

Tuesday

Wednesday

Thursday

Friday



Sizzle & Main



Baked Ziti Steamed Broccoli Garlic Bread Baked Meatloaf
Mashed Potatoes
w/Gravy
Fresh Green Beans
Dinner Rolls

Turkey & Ham Sub Assorted Toppings Assorted Cheese House Made Chips Cookie

"National Quesadilla Day" Chicken & Cheese Quesadilla, Chips & salsa, Churros "National Pancake Day"
Pancakes w/syrup
Sausage
Hash Brown
Fresh Fruit Cup



Balanced Bite



Protein Bowl With Brown or White Rice Assorted Toppings Simmers Soup of The Week: Chili

Pasta w/Meatsauce Garlic Bread Sweet & Sour Chicken White Rice Egg Roll

Ham & Cheese Sliders Potato Chips Buddha
BowlW/Green
Goddess Dressing



Pepperoni Pizza Cheese Pizza Pizza Of The Day



Cheeseburgers
Hamburgers
Bacon Cheeseburgers
Fried Chicken Sandwiches
Nashville Hot Chicken



Salad Bar Includes:
Romaine Lettuce,
Mixed Greens, Twelve
Fresh Toppings
and House Made
Dressings.





Sept 29-30

Monday

Tuesday

Wednesday

Thursday

Friday



Sizzle & Main



Chicken Tenders
Macaroni & Cheese
Buttered Corn
Dinner Roll

Hot Italian Sub Kettle Chips Dill Pickle Spear Fresh Fruit Cup



Balanced Bite



Million Dollar
Chicken Casserole
White Rice
Simmers Soup:
Chicken w/Rice

Pasta w/Meatsauce Garlic Bread



Pepperoni Pizza Cheese Pizza Pizza Of The Day



Cheeseburgers
Hamburgers
Bacon Cheeseburgers
Fried Chicken Sandwiches
Nashville Hot Chicken



Salad Bar Includes:
Romaine Lettuce,
Mixed Greens, Twelve
Fresh Toppings
and House Made
Dressings.

