January 2025	Columb	Columbia Academy Upper School Menu	ool Menu	Lunch Menu
Monday	Tuesday	Wednesday 1	Thursday 2	Friday 3
	Sizzle and Main-Ser	Sizzle and Main-Served with choice of Fruit and Foun	d Fountain Beverage	
		Christmas Break No School	Christmas Break No School	Christmas Break No School
The	The Balanced Bite-Served with Choice of Fruit or Cup of Soup a	Choice of Fruit or Cup of	Soup and a Fountain Beverage	rage
		Christmas Break No School	Christmas Break No School	Christmas Break No School
	SproutBerry's	SproutBerry'sDeli - Served with a Choice of Fru	of Fruit and a Drink	
Assorted Fresh Salads	Assorted Fresh Salads Daily, Including Garden Side Salad, Chef and Ceasar Salads. Rotating Sandwiches including Turkey & Cheese Croissant, Sub Sandwich, BLT, Chicken Salad on Croissant, Fried Chicken Wrap.	ily, Including Garden Side Salad, Chef and Ceasar Salads. Rotating Sandwiches i Croissant, Sub Sandwich, BLT, Chicken Salad on Croissant, Fried Chicken Wrap.	ds. Rotating Sandwiches inc sant, Fried Chicken Wrap.	luding Turkey & Cheese
	Rosemary Wild's Specialty pizzas v	Rosemary Wild's- Served With a Choice of Fruit and a Drink Specialty pizzas will also appear throughout the school year	Fruit and a Drink t the school yearl	
	Gordon's Grill -	Gordon's Grill - Served with a Choice of Fruit and	ruit and a Drink	
	Cheeseburgers, Hamburg	Cheeseburgers, Hamburgers, Chicken Sandwiches,	served with French Fries	
	A La Ca	La Carte Offerings - Available Everyday	/eryday	
Whole Fresh Fruit, Yogurt	Whole Fresh Fruit, Yogurt Parfaits, Jello & Fruit Cups, Pudding, Bottled Water, Milk & Chocolate Milk, Ice Cream Bars, Fresh Cookies and Baked Goods as well!	Pudding, Bottled Water, Milk Baked Goods as well!	& Chocolate Milk, Ice Cream	Bars, Fresh Cookies and

January 2025	Columbi	Columbia Academy Upper School Menu	ool Menu	Lunch Menu
Monday 6	Tuesday 7	Wednesday 8	Thursday 9	Friday 10
	Sizzle and Main	Sizzle and Main - Served with a Choice of Fruit	Fruit and a Drink	
Teacher In-Service No School	Country Fried Steak White Gravy Mashed Potatoes Green Beans, Cornbread	Chicken Nuggets Macaroni & Cheese Steamed Broccoli Dinner Roll	Fried Catfish Hush Puppies Rice Pilaf Sauteed Asparagus Cheddar Biscuits	Choice of Buffalo or Fried Chicken Sandwich Assorted Toppings Assorted Chips Fresh Fruit Cup
The	The Balanced Bite-Served with Choice of Fruit or Cup of Soup	Choice of Fruit or Cup of	Soup and a Fountain Beverage	rage
Teacher In-Service No School	Pasta w/Meat Sauce Garlic Bread Chicken Noodle	Tater Tot Bar Assorted Toppings Vegetable Soup	Sweet-N-Sour Chicken White Rice, Egg Roll Tomato Soup	"The Bulldog" Baked Potato Bar Assorted Toppings Chicken w/Rice Soup
	SproutBerry'sDel	SproutBerry'sDeli - Served with a Choice of Fruit	Fruit and a Drink	
Assorted Fresh Salads	Assorted Fresh Salads Daily, Including Garden Side Salad, Chef and Ceasar Salads. Rotating Sandwiches including Turkey & Cheese Croissant, Sub Sandwich, BLT, Chicken Salad on Croissant, Fried Chicken Wrap.	lly, Including Garden Side Salad, Chef and Ceasar Salads. Ro Croissant, Sub Sandwich, BLT, Chicken Salad on Croissant,	ds. Rotating Sandwiches inclusions, Fried Chicken Wrap.	luding Turkey & Cheese
	Rosemary Wild's Specialty pizzas v	Rosemary Wild's-Served With a Choice of Fruit Specialty pizzas will also appear throughout the	Fruit and a Drink t the school year!	
	Gordon's Grill -	Gordon's Grill - Served with a Choice of Fruit a	ruit and a Drink	
	Cheeseburgers, Hamburg	Cheeseburgers, Hamburgers, Chicken Sandwiches, served with French Fries	served with French Fries	
	A La Ca	La Carte Offerings - Available Everyday	veryday	
Whole Fresh Fruit, Yoguri	Whole Fresh Fruit, Yogurt Parfaits, Jello & Fruit Cups, Pudding, Bottled Water, Milk & Chocolate Milk, Ice Cream Bars, Fresh Cookies and Baked Goods as well!	Pudding, Bottled Water, Milk Baked Goods as well!	& Chocolate Milk, Ice Cream	Bars, Fresh Cookies and

Pasta w/Choice of Sauces Choice of Meatballs, Italian Sausage, Chicken Garlic Bread Vegetable Soup Orange Chicken Fried or White Rice Egg Roll Beef Chili	The Balanced Bit	Greek Gyro w/lamb or Chicken  Assorted Toppings House Made Chips Cookie  Pulled BBQ Pork Sandwich Sweet Potato Fries BBQ Beans Coleslaw	Si	Monday 13 Tuesday 14	January 2025 C
en Rice	e-Served with	Pries	zzle and Main		olumbia Ac
Nacho Bar Assorted Toppings Chicken w/Rice	The Balanced Bite-Served with Choice of Fruit or Cup of Soup as	Baked Meatloaf Mashed Potatoes w/Gravy Baby Carrots Dinner Roll	Sizzle and Main - Served with a Choice of Fruit and a Drink	Wednesday 15	Columbia Academy Upper School Menu
Buddha Bowl w/Green Goddess Dressing Tomato Soup	Soup and a Fountain Beverage	BBQ Chicken Thighs Hash Brown Casserole Southern Green Beans Biscuit	ruit and a Drink	Thursday 16	1enu
Taco Pasta Texas Toast Chicken Noodle	rage	Buffalo or BBQ Flatbread Tater Tots Fresh Fruit Cup		Friday 17	Lunch Menu

SproutBerry'sDeli - Served with a Choice of Fruit and a Drink

Assorted Fresh Salads Daily, Including Garden Side Salad, Chef and Ceasar Salads. Rotating Sandwiches including Turkey & Cheese Croissant, Sub Sandwich, BLT, Chicken Salad on Croissant, Fried Chicken Wrap.

Rosemary Wild's- Served With a Choice of Fruit and a Drink Specialty pizzas will also appear throughout the school year!

Gordon's Grill - Served with a Choice of Fruit and a Drink

Cheeseburgers, Hamburgers, Chicken Sandwiches, served with French Fries

A La Carte Offerings - Available Everyday

Whole Fresh Fruit, Yogurt Parfaits, Jello & Fruit Cups, Pudding, Bottled Water, Milk & Chocolate Milk, Ice Cream Bars, Fresh Cookies and Baked Goods as well!

				Assorted Fresh Salar		MLK Day No School	MLK Day No School		Monday 20	January 2025
ALaCa	Cheeseburgers, Hambur	Gordon's Grill -	Rosemary Wild's- P Specialty pizzas	Assorted Fresh Salads Daily, Including Garden Side Salad, Chef and Ceasar Salads. Rotating Sandwiches including Turkey & Cheese Croissant, Sub Sandwich, BLT, Chicken Salad on Croissant, Fried Chicken Wrap.	SproutBerry'sDe	Vegetable Plate 4 vegetables, Plus Bread Choice, Beef Chili	Baked Turkey & Gravy Mashed Potatoes Green Bean Casserole Dinner Roll, Cranberry Sauce	Sizzle and Mair	Tuesday 21	Columb
A La Carte Offerings - Available Everyday	Cheeseburgers, Hamburgers, Chicken Sandwiches,	Gordon's Grill - Served with a Choice of Fruit and a Drink	Rosemary Wild's-Pizza Served With a Choice of Fruit and a Drink Specialty pizzas will also appear throughout the school year!	ily, Including Garden Side Salad, Chef and Ceasar Salads. Rotating Sandwiches i Croissant, Sub Sandwich, BLT, Chicken Salad on Croissant, Fried Chicken Wrap.	SproutBerry'sDeli - Served with a Choice of Fruit and a Drink	Pasta w/Meat Sauce Garlic Bread Chicken Noodle	Build Your Burger Bar Assorted Cheeses Assorted Toppings Chips, Dill Pickle, Cookie	Sizzle and Main - Served with a Choice of Fruit and a Drink	Wednesday 22	Columbia Academy Upper School Menu
vervdav	served with French Fries	ruit and a Drink	of Fruit and a Drink t the school year!	ds. Rotating Sandwiches inc ssant, Fried Chicken Wrap.	Fruit and a Drink	Ham & Cheese Sliders Tater Tots Chicken Tortilla Soup	Bulldog Burrito Bowl Seasoned Beef or Chicken White or Cilantro Rice Black or Pinto Beans Queso Cheese	Fruit and a Drink	Thursday 23	ool Menu
				duding Turkey & Cheese		Million Dollar Chicken Casserole, White Rice Beef Barley Soup	Blackened Fish Macaroni & Cheese Roasted Vegetables Corn Muffin		Friday 24	Lunch Menu

January 2025	Columbi	Columbia Academy Upper School Me	ool Menu	Lunch Menu
Monday 27	Tuesday 28	Wednesday 29	Thursday 30	Friday 31
	Sizzle and Main	Sizzle and Main - Served with a Choice of Fruit and a Drink	ruit and a Drink	
Fried or Nashville Hot Chicken Sandwich Lettuce, Tomato Onion Rings Fresh Fruit Cup	French Toast Sticks Sausage Patty Hash Brown Orange Wedges	Salisbury Steak Mashed Potatoes Steamed Broccoli Dinner Roll	Grilled Bratwurst or Italian Sausage Sandwich Grilled Onions & Peppers Assorted Chips Cookie	Buffalo Wings French Fries Fresh Fruit Cup
Nacho Bar, Assorted Toppings Corn Chowder	Spaghetti w/Meatballs Garlic Bread Minestrone	Sweet & Sour Chicken White Rice, Egg Roll Beef Chili	Tuscan Chicken Pasta Garlic Bread Broccoli Cheddar Soup	Chicken Alfredo pasta Garlic Bread Chicken Noodle
	SproutBerry'sDeli	SproutBerry'sDeli - Served with a Choice of Fruit and a Drink	Fruit and a Drink	

Assorted Fresh Salads Daily, Including Garden Side Salad, Chef and Ceasar Salads. Rotating Sandwiches including Turkey & Cheese Croissant, Sub Sandwich, BLT, Chicken Salad on Croissant, Fried Chicken Wrap.

Rosemary Wild's- Pizza Served With a Choice of Fruit and a Drink Specialty pizzas will also appear throughout the school year!

Gordon's Grill - Served with a Choice of Fruit and a Drink