

January 2025		Columbia Academy Upper School Menu			Lunch Menu
Monday	Tuesday	Wednesday 1	Thursday 2	Friday 3	
Sizzle and Main-Served with choice of Fruit and Fountain Beverage					
		Christmas Break No School	Christmas Break No School	Christmas Break No School	
The Balanced Bite-Served with Choice of Fruit or Cup of Soup and a Fountain Beverage					
		Christmas Break No School	Christmas Break No School	Christmas Break No School	
<ul style="list-style-type: none"> <li>• SproutBerry'sDell - Served with a Choice of Fruit and a Drink</li> </ul>					
<p>Assorted Fresh Salads Daily, Including Garden Side Salad, Chef and Ceasar Salads. Rotating Sandwiches including Turkey &amp; Cheese Croissant, Sub Sandwich, BLT, Chicken Salad on Croissant, Fried Chicken Wrap.</p>					
<p>Rosemary Wild's- Served With a Choice of Fruit and a Drink Specialty pizzas will also appear throughout the school year!</p>					
<p>Gordon's Grill - Served with a Choice of Fruit and a Drink</p>					
<p>Cheeseburgers, Hamburgers, Chicken Sandwiches, served with French Fries</p>					
<p>A La Carte Offerings - Available Everyday</p>					
<p>Whole Fresh Fruit, Yogurt Parfaits, Jello &amp; Fruit Cups, Pudding, Bottled Water, Milk &amp; Chocolate Milk, Ice Cream Bars, Fresh Cookies and Baked Goods as well!</p>					



January 2025		Columbia Academy Upper School Menu			Lunch Menu
Monday 6	Tuesday 7	Wednesday 8	Thursday 9	Friday 10	
Sizzle and Main - Served with a Choice of Fruit and a Drink					
Teacher In-Service No School	Country Fried Steak White Gravy Mashed Potatoes Green Beans, Cornbread	Chicken Nuggets Macaroni & Cheese Steamed Broccoli Dinner Roll	Fried Catfish Hush Puppies Rice Pilaf Sautéed Asparagus Cheddar Biscuits	Choice of Buffalo or Fried Chicken Sandwich Assorted Toppings Assorted Chips Fresh Fruit Cup	
The Balanced Bite-Served with Choice of Fruit or Cup of Soup and a Fountain Beverage					
Teacher In-Service No School	Pasta w/Meat Sauce Garlic Bread Chicken Noodle	Tater Tot Bar Assorted Toppings Vegetable Soup	Sweet-N-Sour Chicken White Rice, Egg Roll Tomato Soup	"The Bulldog" Baked Potato Bar Assorted Toppings Chicken w/Rice Soup	
SproutBerry'sDeli - Served with a Choice of Fruit and a Drink					
Assorted Fresh Salads Daily, Including Garden Side Salad, Chef and Ceasar Salads, Rotating Sandwiches including Turkey & Cheese Croissant, Sub Sandwich, BLT, Chicken Salad on Croissant, Fried Chicken Wrap.					
Rosemary Wild's- Served With a Choice of Fruit and a Drink Specialty pizzas will also appear throughout the school year!					
Gordon's Grill - Served with a Choice of Fruit and a Drink					
Cheeseburgers, Hamburgers, Chicken Sandwiches, served with French Fries					
A La Carte Offerings - Available Everyday					
Whole Fresh Fruit, Yogurt Parfaits, Jello & Fruit Cups, Pudding, Bottled Water, Milk & Chocolate Milk, Ice Cream Bars, Fresh Cookies and Baked Goods as well!					



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Monday 13	Tuesday 14	Wednesday 15	Thursday 16	Friday 17	
Sizzle and Main - Served with a Choice of Fruit and a Drink					
Greek Gyro w/lamb or Chicken Assorted Toppings House Made Chips Cookie	Pulled BBQ Pork Sandwich Sweet Potato Fries BBQ Beans Coleslaw	Baked Meatloaf Mashed Potatoes w/Gravy Baby Carrots Dinner Roll	BBQ Chicken Thighs Hash Brown Casserole Southern Green Beans Biscuit	Buffalo or BBQ Flatbread Tater Tots Fresh Fruit Cup	
The Balanced Bite-Served with Choice of Fruit or Cup of Soup and a Fountain Beverage					
Pasta w/Choice of Sauces Choice of Meatballs, Italian Sausage, Chicken Garlic Bread Vegetable Soup	Orange Chicken Fried or White Rice Egg Roll Beef Chili	Nacho Bar Assorted Toppings Chicken w/Rice	Buddha Bowl w/Green Goddess Dressing Tomato Soup	Taco Pasta Texas Toast Chicken Noodle	
SproutBerry'sDeli - Served with a Choice of Fruit and a Drink					
Assorted Fresh Salads Daily, Including Garden Side Salad, Chef and Ceasar Salads. Rotating Sandwiches including Turkey & Cheese Croissant, Sub Sandwich, BLT, Chicken Salad on Croissant, Fried Chicken Wrap.					
Rosemary Wild's- Served With a Choice of Fruit and a Drink Specialty pizzas will also appear throughout the school year!					
Gordon's Grill - Served with a Choice of Fruit and a Drink					
Cheeseburgers, Hamburgers, Chicken Sandwiches, served with French Fries					
A La Carte Offerings - Available Everyday					
Whole Fresh Fruit, Yogurt Parfaits, Jello & Fruit Cups, Pudding, Bottled Water, Milk & Chocolate Milk, Ice Cream Bars, Fresh Cookies and Baked Goods as well!					



January 2025		Columbia Academy Upper School Menu			Lunch Menu
Monday 20	Tuesday 21	Wednesday 22	Thursday 23	Friday 24	
Sizzle and Main - Served with a Choice of Fruit and a Drink					
MLK Day No School	Baked Turkey & Gravy Mashed Potatoes Green Bean Casserole Dinner Roll, Cranberry Sauce	Build Your Burger Bar Assorted Cheeses Assorted Toppings Chips, Dill Pickle, Cookie	Bulldog Burrito Bowl Seasoned Beef or Chicken White or Cilantro Rice Black or Pinto Beans Queso Cheese	Blackened Fish Macaroni & Cheese Roasted Vegetables Corn Muffin	
MLK Day No School	Vegetable Plate 4 vegetables, Plus Bread Choice, Beef Chili	Pasta w/Meat Sauce Garlic Bread Chicken Noodle	Ham & Cheese Sliders Tater Tots Chicken Tortilla Soup	Million Dollar Chicken Casserole, White Rice Beef Barley Soup	
SproutBerry'sDeli - Served with a Choice of Fruit and a Drink					
Assorted Fresh Salads Daily, Including Garden Side Salad, Chef and Caesar Salads, Rotating Sandwiches including Turkey & Cheese Croissant, Sub Sandwich, BLT, Chicken Salad on Croissant, Fried Chicken Wrap.					
Rosemary Wild's- Pizza Served With a Choice of Fruit and a Drink Specialty pizzas will also appear throughout the school year!					
Gordon's Grill - Served with a Choice of Fruit and a Drink					
Cheeseburgers, Hamburgers, Chicken Sandwiches, served with French Fries					
A La Carte Offerings - Available Everyday					



Whole Fresh Fruit, Yogurt Parfaits, Jello & Fruit Cups, Pudding, Bottled Water, Milk & Chocolate Milk, Ice Cream Bars, Fresh Cookies and Baked Goods as well!

January 2025		Columbia Academy Upper School Menu			Lunch Menu
Monday 27	Tuesday 28	Wednesday 29	Thursday 30	Friday 31	
Sizzle and Main - Served with a Choice of Fruit and a Drink					
Fried or Nashville Hot Chicken Sandwich Lettuce, Tomato Onion Rings Fresh Fruit Cup	French Toast Sticks Sausage Patty Hash Brown Orange Wedges	Salisbury Steak Mashed Potatoes Steamed Broccoli Dinner Roll	Grilled Bratwurst or Italian Sausage Sandwich Grilled Onions & Peppers Assorted Chips Cookie	Buffalo Wings French Fries Fresh Fruit Cup	
SproutBerry's Deli - Served with a Choice of Fruit and a Drink					
Nacho Bar, Assorted Toppings Corn Chowder	Spaghetti w/Meatballs Garlic Bread Minestrone	Sweet & Sour Chicken White Rice, Egg Roll Beef Chili	Tuscan Chicken Pasta Garlic Bread Broccoli Cheddar Soup	Chicken Alfredo pasta Garlic Bread Chicken Noodle	
Assorted Fresh Salads Daily, Including Garden Side Salad, Chef and Ceasar Salads. Rotating Sandwiches including Turkey & Cheese Croissant, Sub Sandwich, BLT, Chicken Salad on Croissant, Fried Chicken Wrap.					
Rosemary Wild's - Pizza Served With a Choice of Fruit and a Drink Specialty pizzas will also appear throughout the school year!					
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