

October 1-4	Columbia Academy Upper School Menu			Lunch Menu
Monday	Tuesday 1	Wednesday 2	Thursday 3	Friday 4
Sizzle and Main-Served with choice of Fruit and Fountain Beverage				
	Chicken Tenders Macaroni & Cheese Steamed Broccoli Dinner Rolls	Pancakes w/Hot Syrup Hash Brown Sausage Patty Orange Wedges	Hot Italian Sub Or Grilled Cheese Kettle Chips Dill Pickle Spear	GrandParents Day Early Dismissal No Lunch
The Balanced Bite-Served with Choice of Fruit or Cup of Soup and a Fountain Beverage				
	Pasta w/ Meat Sauce Garlic Bread Tomato Soup	Baked Potato Bar w/Assorted Toppings Chicken Noodle Soup	Chicken, Broccoli Stir Fry Steamed Rice, Egg Roll Vegetable Soup	GrandParents Day Early Dismissal No Lunch
<ul style="list-style-type: none"> • SproutBerry'sDeli - Served with a Choice of Fruit and a Drink 				
Assorted Fresh Salads Daily, Including Garden Side Salad, Chef and Ceasar Salads. Rotating Sandwiches including Turkey & Cheese Croissant, Sub Sandwich, BLT, Chicken Salad on Croissant, Fried Chicken Wrap.				
Gordon's Grill - Served with a Choice of Fruit and a Drink				
Cheeseburgers, Hamburgers, Chicken Sandwiches, served with French Fries				
A La Carte Offerings - Available Everyday				

Whole Fresh Fruit, Yogurt Parfaits, Jello & Fruit Cups, Pudding, Bottled Water, Milk & Chocolate Milk, Ice Cream Bars, Fresh Cookies and Baked Goods as well!

October 7-11	Columbia Academy Upper School Menu				Lunch Menu
Monday 7	Tuesday 8	Wednesday 9	Thursday 10	Friday 11	
Sizzle and Main - Served with a Choice of Fruit and a Drink					
Fall Break	Fall Break	Fall Break	Fall Break	Fall Break	
The Balanced Bite-Served with Choice of Fruit or Cup of Soup and a Fountain Beverage					
Fall Break	Fall Break	Fall Break	Fall Break	Fall Break	
SproutBerry'sDeli - Served with a Choice of Fruit and a Drink					
Assorted Fresh Salads Daily, Including Garden Side Salad, Chef and Ceasar Salads. Rotating Sandwiches including Turkey & Cheese Croissant, Sub Sandwich, BLT, Chicken Salad on Croissant, Fried Chicken Wrap.					
Rosemary Wild's- Served With a Choice of Fruit and a Drink Specialty pizzas will also appear throughout the school year!					
Gordon's Grill - Served with a Choice of Fruit and a Drink					
Cheeseburgers, Hamburgers, Chicken Sandwiches, served with French Fries					
A La Carte Offerings - Available Everyday					
Whole Fresh Fruit, Yogurt Parfaits, Jello & Fruit Cups, Pudding, Bottled Water, Milk & Chocolate Milk, Ice Cream Bars, Fresh Cookies and Baked Goods as well!					

October 14-18	Columbia Academy Upper School Menu				Lunch Menu
Monday 14	Tuesday 15	Wednesday 16	Thursday 17	Friday 18	
Sizzle and Main - Served with a Choice of Fruit and a Drink					
Chicken Parmesan Buttered Pasta Steamed Broccoli Dinner Roll	Beef Tacos w/Lettuce, Cheese Chips & Salsa Churros	Build Your Sub Bar Cold Cuts, Cheese, Lettuce, Tomato, Pickle, Cookies	Rotisserie Chicken Roasted Red Potatoes Roasted Vegetables Dinner Roll	Fried Catfish Hush Puppies Steamed Broccoli Cheddar Biscuit	
The Balanced Bite-Served with Choice of Fruit or Cup of Soup and a Fountain Beverage					
Ham & Cheese Sliders Tater Tots Chicken Noodle Soup	Cajun Chicken Pasta Garlic Bread Tomato Soup	Chicken Pot Pie Dinner Roll Beef Chili	Pasta w/ Meat sauce Garlic Bread Chicken w/Rice	Macaroni & Cheese Bar Assorted Toppings Vegetable Soup	
SproutBerry'sDeli - Served with a Choice of Fruit and a Drink					
Assorted Fresh Salads Daily, Including Garden Side Salad, Chef and Ceasar Salads. Rotating Sandwiches including Turkey & Cheese Croissant, Sub Sandwich, BLT, Chicken Salad on Croissant, Fried Chicken Wrap.					
Rosemary Wild's- Served With a Choice of Fruit and a Drink Specialty pizzas will also appear throughout the school year!					
Gordon's Grill - Served with a Choice of Fruit and a Drink					
Cheeseburgers, Hamburgers, Chicken Sandwiches, served with French Fries					
A La Carte Offerings - Available Everyday					
Whole Fresh Fruit, Yogurt Parfaits, Jello & Fruit Cups, Pudding, Bottled Water, Milk & Chocolate Milk, Ice Cream Bars, Fresh Cookies and Baked Goods as well!					

October 21-25	Columbia Academy Upper School Menu				Lunch Menu
Monday 21	Tuesday 22	Wednesday 23	Thursday 24	Friday 25	
Sizzle and Main - Served with a Choice of Fruit and a Drink					
BBQ Chicken Baked Beans Steamed Corn Biscuits	Nacho Bar w/Seasoned Beef, Queso, Lettuce, Salsa, Guacamole, Sour Cream, Churros	Beef or Cheese Lasagna Steamed Broccoli Garlic Bread	Cuban Sandwich Steak Fries Fresh Fruit Cup	Hotdogs or Corndogs Tater Tots, Colslaw	
SproutBerry's Deli - Served with a Choice of Fruit and a Drink					
Assorted Fresh Salads Daily, Including Garden Side Salad, Chef and Ceasar Salads. Rotating Sandwiches including Turkey & Cheese Croissant, Sub Sandwich, BLT, Chicken Salad on Croissant, Fried Chicken Wrap.					
Rosemary Wild's- Pizza Served With a Choice of Fruit and a Drink					
Specialty pizzas will also appear throughout the school year!					
Gordon's Grill - Served with a Choice of Fruit and a Drink					
Cheeseburgers, Hamburgers, Chicken Sandwiches, served with French Fries					
A La Carte Offerings - Available Everyday					

Whole Fresh Fruit, Yogurt Parfaits, Jello & Fruit Cups, Pudding, Bottled Water, Milk & Chocolate Milk, Ice Cream Bars, Fresh Cookies and Baked Goods as well!

October 28-31	Columbia Academy Upper School			Lunch Menu
Monday 28	Tuesday 29	Wednesday 30	Thursday 31	Friday 1
Sizzle and Main - Served with a Choice of Fruit and a Drink				
Baked Pork Loin Au Gratin Potatoes Sauteed Asparagus Baked Apples	Grilled Cheese Sandwich Tomato Soup Tater Tots Fresh Fruit Cup	Hamburger Bar Assorted Cheeses Assorted Toppings French Fries	Bulldog Burrito Bowl Seasoned Chicken or Beef, Queso Cheese Assorted Toppings	
SproutBerry'sDeli - Served with a Choice of Fruit and a Drink				
Assorted Fresh Salads Daily, Including Garden Side Salad, Chef and Ceasar Salads. Rotating Sandwiches including Turkey & Cheese Croissant, Sub Sandwich, BLT, Chicken Salad on Croissant, Fried Chicken Wrap.				
Rosemary Wild's- Pizza Served With a Choice of Fruit and a Drink Specialty pizzas will also appear throughout the school year!				
Gordon's Grill - Served with a Choice of Fruit and a Drink				
Cheeseburgers, Hamburgers, Chicken Sandwiches, served with French Fries				
A La Carte Offerings - Available Everyday				