

Columbia Academy Lower School Sept 24

2

Labor Day
No School

3

Teacher-In Service
No School

4

Pasta w/Meat sauce
Green Beans
Garlic Bread
Fresh Apple

5

Hamburgers
Tater Tots
Steamed Broccoli
Diced Peaches

6

Cheese Pizza
Baby Carrots
with Ranch Dressing
Fresh Banana
Sugar Cookie

9

French Toast Sticks
Sausage Patty
Hash Brown
Fresh Orange

10

Beef Tacos
Steamed Rice
Buttered Corn
Diced Pears

11

Chicken Sandwich
French Fries
Green Beans
Fresh Apples

12

Chicken Alfredo
Steamed Broccoli
Garlic Bread
Diced Peaches

13

Cheese Pizza
Baby Carrots
with Ranch Dressing
Fresh Banana
Chocolate Chip Cookies

16

Chicken Tenders
Macaroni & Cheese
Green Beans
Diced Peaches

17

Pancake W Syrup
Sausage Patty
Hash Brown
Fresh Apples

18

Pasta with Meat Sauce
Steamed Broccoli
Garlic Bread
Diced Pears

19

Turkey & Cheese
Sandwich
Macaroni Salad #
Potato Chips *
Orange Wedges
Vest & Spring Hill Only
Preschool Only

20

Cheese Pizza
Baby Carrots
with Ranch Dressing
Diced Pineapple
Sugar Cookie

23

Pasta with Meat Sauce
Steamed Broccoli
Garlic Bread
Fresh Banana

24

Chicken Sandwich
Tater Tots
Green Beans
Jello

25

Waffles W/Syrup
Sausage Patty
Hash Brown
Fresh Apples

26

Ham & Cheese Sandwich
Macaroni & Cheese
Steamed Peas
Diced Pineapple

27

Cheese Pizza
Baby Carrots
with Ranch Dressing
Fresh Oranges
Chocolate Chip Cookies

30

Chicken Nuggets
Seasoned Peas
Tater Tots
Fruit Cup

Lunch is Served with White Milk or Water