

Monday 2

Tuesday 3

Wednesday 4

Thursday 5

Friday 6

Sizzle and Main-Served with Choice of Fruit and a Fountain Beverage

Labor Day  
No School

Teacher In-Service  
No School

Country Fried Steak  
White Gravy  
Mashed Potatoes  
Green Beans, Cornbread

Chicken Nuggets  
Steamed Broccoli  
Macaroni & Cheese  
Garlic Bread

Baked or Fried Fish  
Rice Pilaf  
Sauteed Asparagus  
Cheddar Biscuit

The Balanced Bite—Served with Choice of Fruit or Cup of Soup and a Fountain Beverage

Labor Day

Teacher In-Service  
No School

Pasta w/Meat Sauce  
Garlic Bread

Tater Tot Bar  
Assorted Toppings

Sweet & Sour Chicken  
Steamed Rice, Egg Roll

SproutBerry's Deli-Served with Choice of Fruit or Cup of Soup and a Fountain Beverage

Labor Day  
No School

Teacher In-Service  
No School

Turkey & Cheese Croissant  
Chicken Salad Sandwich  
Ham & Cheese Pinwheels

Turkey & Cheese Croissant  
Fried Chicken wrap  
BLT On Toasted Bread

Turkey & Cheese Croissant  
Cold Cut Sub

Rosemary Wilds—Served with a Choice of Fruit or Cup of Soup and Fountain Beverage

Fresh Baked Cheese and Pepperoni Pizza with Daily Specials and Gluten Free Option

Simmer's Soup Stop

Chicken Noodle

Vegetable

Tomato

Gordon's Grill—Served with Fries and a Fountain Beverage

Fresh Grilled Hamburgers, Chicken Sandwiches, French Fries and Daily Specials  
Baked Potatoes, Available Daily with Assorted Toppings

Ala Carte Offerings-Available Everyday

Whole Fresh Fruit, Fresh Cut Fruit Cups, Yogurt Cups, Side Garden Salads, Bottled Beverages,  
Half Pints of Milk, Bottled Water, Assorted Chips, Fresh Baked Cookies



*ChefAdvantage is committed to serving  
Nutritious and Delicious Meals!*  
Locally sourced ingredients whenever possible  
No High Fructose Corn Syrup, Trans Fats, or MSG



Monday 9

Tuesday 10

Wednesday 11

Thursday 12

Friday 13

## Sizzle and Main-Served with Choice of Fruit and a Fountain Beverage

Choice of Fried or Buffalo  
Chicken Sandwich  
Assorted Toppings  
Tater Tots, Fresh fruit Cup

Greek Gyro w Lamb or  
Chicken  
Assorted Toppings  
Kettle Chips, Cookie

Pulled BBQ Pork  
Sweet Potato Fries  
BBQ Beans  
Coleslaw

Baked Meatloaf  
Mashed Potatoes w/Gravy  
Glazed Baby Carrots  
Biscuit

BBQ Chicken Thighs  
Hash Brown Casserole  
Southern Green Beans  
Dinner Roll

## The Balanced Bite—Served with Choice of Fruit or Cup of Soup and a Fountain Beverage

“The Bulldog”  
Baked Potato Bar

Pasta w/Meat Sauce  
Garlic Bread

Chicken Stir Fry  
Steamed Rice, Egg Roll

Buddha Bowl w/ Vibrant Veggies  
And Green Goddess Dressing

Nacho Bar  
Assorted Toppings

## SproutBerry’s Deli-Served with Choice of Fruit or Cup of Soup and a Fountain Beverage

Turkey & Cheese Croissant  
Cold Cut Sub  
Fried Chicken Wrap

Turkey & Cheese Croissant  
BLT on Toasted Bread  
Buffalo Chicken Wrap

Turkey & Cheese Croissant  
Chicken Salad Croissant  
Ham & Cheese sandwich

Turkey & Cheese Croissant  
Bacon, Chicken Ranch Wrap  
Tuna Salad Croissant

Turkey & Cheese Croissant  
Cold Cut Sub

## Rosemary Wilds—Served with a Choice of Fruit or Cup of Soup and Fountain Beverage

Fresh Baked Cheese and Pepperoni Pizza with Daily Specials and Gluten Free option

## Simmer’s Soup Stop

Chicken Noodle

Vegetable

Beef Chili

Tomato

Chicken w/Rice

## Gordon’s Grill—Served with Fries and a Fountain Beverage

Fresh Grilled Hamburgers, Chicken Sandwiches, French Fries and Daily Specials  
Baked Potatoes, Available Daily with Assorted Toppings

## A la Carte Offerings-Available Everyday

Whole Fresh Fruit, Fresh Cut Fruit Cups, Yogurt Cups, Side Garden Salads, Bottled Beverages,  
Half Pints of Milk, Bottled Water, Assorted Chips, Fresh Baked Cookies



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Monday 16

Tuesday 17

Wednesday 18

Thursday 19

Friday 20

## Sizzle and Main-Served with Choice of Fruit and a Fountain Beverage

Baked or Fried Chicken  
Mashed Potatoes  
Seasoned Green Peas  
Biscuits

Build Your Burger Bar  
Assorted Cheese  
Assorted Toppings  
Chips, Dill Pickle, Cookie

Bulldog Burrito Bowl  
Seasoned Chicken or Beef  
White or Cilantro Rice  
Black or Pinto Beans  
Queso Cheese, Asst Toppings

BBQ or Buffalo Chicken Flatbread  
Tater Tots  
Fresh Fruit Cup

Blackened Fish  
Wild Rice  
Roasted Vegetables  
Cheddar Biscuits

## The Balanced Bite—Served with Choice of Fruit or Cup of Soup and a Fountain Beverage

Pasta w/Meat Sauce  
Garlic Bread

Vegetable Plate choice of 4  
Dinner roll or Cornbread

Orange Chicken  
Steamed Rice/Egg Roll

Taco Pasta

Chicken Casserole  
Steamed Rice, Corn Muffin

## SproutBerry's Deli-Served with Choice of Fruit or Cup of Soup and a Fountain Beverage

Turkey and Cheese Croissant  
Ham & Turkey Sub  
Crispy Chicken Wrap

Turkey and Cheese Croissant  
Ham & Cheese Rollups  
BLT Sandwich

Turkey and Cheese Croissant  
Chicken Salad Sandwich  
Cold Cut Sub

Turkey and Cheese Croissant  
Buffalo Chicken Wrap  
Tuna Salad Croissant

Turkey & Cheese Croissant  
Crispy Chicken Wrap

## Rosemary Wilds—Served with a Choice of Fruit or Cup of Soup and Fountain Beverage

Fresh Baked Cheese and Pepperoni Pizza with Daily Specials and Gluten Free Option

## Simmer's Soup Stop

Chicken Noodle

Beef Chili

Chicken w/Rice

Vegetable

Tomato

## Gordon's Grill—Served with Fries and a Fountain Beverage

Fresh Grilled Hamburgers, Chicken Sandwiches, French Fries and Daily Specials  
Baked Potatoes, Available Daily with Assorted Toppings

## A la Carte Offerings-Available Everyday

Whole Fresh Fruit, Fresh Cut Fruit Cups, Yogurt Cups, Side Garden Salads, Bottled Beverages,  
Half Pints of Milk, Bottled Water, Assorted Chips, Fresh Baked Cookies



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Monday 23

Tuesday 24

Wednesday 25

Thursday 26

Friday 27

## Sizzle and Main-Served with Choice of Fruit and a Fountain Beverage

Fried or Nashville Hot  
Chicken Sandwich  
Onion Rings  
Fresh Fruit Cup

French Toast Sticks  
Sausage Patty  
Hash Brown  
Orange Wedges

Salisbury Steak  
Mashed Potatoes  
Steamed Broccoli  
Dinner Roll

Roast Beef Sandwich  
Tater Tots  
Cucumber & Tomato Salad

Buffalo Wings  
Choice of Sauces  
French Fries  
Fresh Fruit Cup

## The Balanced Bite—Served with Choice of Fruit or Cup of Soup and a Fountain Beverage

Nacho Bar  
Assorted Toppings

Spaghetti w/Meatballs  
Garlic Bread

Sticky Sesame Cauliflower Bowl  
Steamed Rice

Sweet & Sour Chicken  
Steamed Rice, Egg roll

Chicken Alfredo Pasta  
Garlic Bread

## SproutBerry's Deli-Served with Choice of Fruit or Cup of Soup and a Fountain Beverage

Turkey and Cheese Croissant  
Ham & Turkey Sub  
Crispy Chicken Wrap

Turkey and Cheese Croissant  
Buffalo Chicken Wrap  
Ham & Cheese Pinwheels

Turkey and Cheese Croissant  
Chicken Salad Croissant  
BLT On Toasted Bread

Turkey and Cheese Croissant  
Tuna Salad Croissant  
Crispy Chicken Wrap

Turkey and Cheese Croissant  
Cold Cut Sub

## Rosemary Wilds—Served with a Choice of Fruit or Cup of Soup and Fountain Beverage

Fresh Baked Cheese and Pepperoni Pizza with Daily Specials and Gluten Free Option

## Simmer's Soup Stop

Chicken Noodle

White Chicken Chili

Tomato

Vegetable

French Onion

## Gordon's Grill—Served with Fries and a Fountain Beverage

Fresh Grilled Hamburgers, Chicken Sandwiches, French Fries and Daily Specials  
Baked Potatoes, Available Daily with Assorted Toppings

## A la Carte Offerings-Available Everyday

Whole Fresh Fruit, Fresh Cut Fruit Cups, Yogurt Cups, Side Garden Salads, Bottled Beverages,  
Half Pints of Milk, Bottled Water, Assorted Chips, Fresh Baked Cookies



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Monday 30

Tuesday

Wednesday

Thursday

Friday

Sizzle and Main-Served with Choice of Fruit and a Fountain Beverage

Grilled Bratwurst or  
Italian Sausage Sandwich  
Peppers, Onions  
Kettle Chips  
Cookie

The Balanced Bite—Served with Choice of Fruit or Cup of Soup and a Fountain Beverage

Tuscan Chicken Pasta  
Garlic Bread

SproutBerry's Deli-Served with Choice of Fruit or Cup of Soup and a Fountain Beverage

Turkey and Cheese Croissant  
Ham & Turkey Sub  
Crispy Chicken Wrap

Rosemary Wilds—Served with a Choice of Fruit or Cup of Soup and Fountain Beverage

Fresh Baked Cheese and Pepperoni Pizza with Daily Specials and Gluten Free Option

Simmer's Soup Stop

Chicken w/Rice

Gordon's Grill—Served with Fries and a Fountain Beverage

Fresh Grilled Hamburgers, Chicken Sandwiches, French Fries and Daily Specials  
Baked Potatoes, Available Daily with Assorted Toppings

Ala Carte Offerings-Available Everyday

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