

Monday 2

Tuesday 3

Wednesday 4

Thursday 5

Friday 6

Sizzle and Main-Served with Choice of Fruit and a Fountain Beverage

Baked Pork Loin
Roasted Red Potatoes
Seasoned Green Beans
Corn Muffin

Rotisserie Chicken
Wild Rice
Steamed Corn
Dinner Roll

Fried Chicken Sandwich, Buffalo
Chicken, Nashville Hot
Assorted Toppings
Tater Tots, Fresh Fruit Cup

"Cinco De Mayo Burrito Bowl"
Seasoned Chicken or Beef
Cilantro or White Rice
Assorted Toppings

Hot Italian Sub
Grilled Cheese Sandwich
Kettle Chips
Fresh fruit Cup

The Balanced Bite—Served with Choice of Fruit or Cup of Soup and a Fountain Beverage

Ham & Cheese Sliders
Kettle Chips

"The Bulldog"
Baked Potato Bar

Pasta with Meat Sauce
Garlic Bread

Orange Chicken with Rice
Egg Rolls

Mac & Cheese Bar
Assorted Toppings

SproutBerry's Deli-Served with Choice of Fruit or Cup of Soup and a Fountain Beverage

Turkey & Cheese Croissant
Cold Cut Sub
Tuna Salad Sandwich

Turkey & Cheese Croissant
Cold Cut Sub
Tuna Salad Sandwich

Turkey & Cheese Croissant
BLT Sandwich
Fried Chicken Wrap

Turkey & Cheese Croissant
Chicken Salad Sandwich
Italian Sub

Turkey & Cheese Croissant
Cold Cut Sub
Buffalo Chicken Wrap

Rosemary Wilds—Served with a Choice of Fruit or Cup of Soup and Fountain Beverage

Fresh Baked Cheese and Pepperoni Pizza with Daily Specials and Gluten Free Option

Simmer's Soup Stop

Chicken Noodle

Broccoli with Cheese

Chicken With Rice

Vegetable Soup

Tomato Soup

Gordon's Grill—Served with Fries and a Fountain Beverage

Fresh Grilled Hamburgers, Chicken Sandwiches, French Fries and Daily Specials
Baked Potatoes, Available Daily with Assorted Toppings

Ala Carte Offerings-Available Everyday

Whole Fresh Fruit, Fresh Cut Fruit Cups, Yogurt Cups, Side Garden Salads, Bottled Beverages,
Half Pints of Milk, Bottled Water, Assorted Chips, Fresh Baked Cookies



*ChefAdvantage is committed to serving
Nutritious and Delicious Meals!*
Locally sourced ingredients whenever possible
No High Fructose Corn Syrup, Trans Fats, or MSG



Monday 9

Tuesday 10

Wednesday 11

Thursday 12

Friday 13

Sizzle and Main-Served with Choice of Fruit and a Fountain Beverage

BBQ Chicken Thighs
Scalloped Potatoes
Seasoned Green Beans
Dinner Roll

Chicken Nuggets
Assorted Sauces
Tater Tots
Steamed Corn

Baked Meatloaf
Mashed Potatoes With Gravy
Steamed Broccoli
Dinner Roll

Sub Sandwich Bar
Assorted Cold Cuts
Assorted Cheeses
LTO, Kettle Chips

Blackened Fish
Wild Rice
Roasted Vegetables
Cheddar Biscuits

The Balanced Bite—Served with Choice of Fruit or Cup of Soup and a Fountain Beverage

Fried Rice Bar
Egg Rolls

Pasta with Meat Sauce
Garlic Bread

Nacho Bar
Assorted Toppings

Black Pepper Chicken
Steamed Rice

Vegetable Rice Bowl
Assorted Toppings

SproutBerry's Deli-Served with Choice of Fruit or Cup of Soup and a Fountain Beverage

Turkey & Cheese Croissant
BLT Sandwich
Buffalo Chicken Wrap

Turkey & Cheese Croissant
Cold Cut Sub
Fried Chicken Wrap

Turkey & Cheese Croissant
Chicken Salad Sandwich
Ham & Cheese Pinwheels

Turkey & Cheese Croissant
Ham & Cheese Sandwich
Grilled Vegetable Wrap

Turkey & Cheese Croissant
Cold Cut Sub
Fried Chicken Wrap

Rosemary Wilds—Served with a Choice of Fruit or Cup of Soup and Fountain Beverage

Fresh Baked Cheese and Pepperoni Pizza with Daily Specials and Gluten Free option

Simmer's Soup Stop

Vegetable

Chicken with Rice

Tomato

Chicken Noodle

Clam Chowder

Gordon's Grill—Served with Fries and a Fountain Beverage

Fresh Grilled Hamburgers, Chicken Sandwiches, French Fries and Daily Specials
Baked Potatoes, Available Daily with Assorted Toppings

Ala Carte Offerings-Available Everyday

Whole Fresh Fruit, Fresh Cut Fruit Cups, Yogurt Cups, Side Garden Salads, Bottled Beverages,
Half Pints of Milk, Bottled Water, Assorted Chips, Fresh Baked Cookies



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Lunch Menu

Columbia Academy Cafe

May 16-20, 2022

Monday 16

Tuesday 17

Wednesday 18

Thursday 19

Friday 20

Sizzle and Main-Served with Choice of Fruit and a Fountain Beverage

Taco Bar
Seasoned Ground Beef
Refried Beans
Churros

Chicken Parmesan
Buttered Pasta
Roasted Asparagus
Garlic Bread

Chicken or Tuna Salad Sub
Assorted Toppings
House Made Chips
Fresh Fruit Cup
Dill Pickle Spear

Beef Or Cheese Lasagna
Steamed Broccoli
Garlic Bread

Fried Catfish
Hush Puppies
French Fries
Steamed Green Beans

The Balanced Bite—Served with Choice of Fruit or Cup of Soup and a Fountain Beverage

“The Bulldog”
Baked Potato Bar With Toppings

Taco Pasta

Pasta with Meat Sauce
Garlic Bread

Sweet & Sour Chicken
Steamed Rice

Nacho Bar
Assorted Toppings

SproutBerry’s Deli-Served with Choice of Fruit or Cup of Soup and a Fountain Beverage

Turkey and Cheese Croissant
Ham and Provolone Croissant
Buffalo Chicken Wrap

Turkey and Cheese Croissant
Ham & Turkey Sub
Crispy Chicken Wrap

Turkey and Cheese Croissant
Chicken Salad Sandwich
Cold Cut Sub

Turkey and Cheese Croissant
Buffalo Chicken Wrap
Tuna Salad Sandwich

Turkey and Cheese Croissant
Ham and Cheese Croissant
BLT Wrap

Rosemary Wilds—Served with a Choice of Fruit or Cup of Soup and Fountain Beverage

Fresh Baked Cheese and Pepperoni Pizza with Daily Specials and Gluten Free Option

Simmer’s Soup Stop

Chicken Noodle

Vegetable

Tomato

Chicken & Rice

Clam Chowder

Gordon’s Grill—Served with Fries and a Fountain Beverage

Fresh Grilled Hamburgers, Chicken Sandwiches, French Fries and Daily Specials
Baked Potatoes, Available Daily with Assorted Toppings

Ala Carte Offerings-Available Everyday

Whole Fresh Fruit, Fresh Cut Fruit Cups, Yogurt Cups, Side Garden Salads, Bottled Beverages,
Half Pints of Milk, Bottled Water, Assorted Chips, Fresh Baked Cookies



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Lunch Menu

Columbia Academy Cafe

May 23-27, 2022

Monday 23

Tuesday 24

Wednesday 25

Thursday 26

Friday 27

Sizzle and Main-Served with Choice of Fruit and a Fountain Beverage

Hotdogs, Corndogs
With Assorted Toppings
Potato Salad
Fresh Fruit Cup

Nacho Bar
Seasoned Beef or Chicken
Black Beans, Pinto Beans
Sour Cream, Guacamole
Salsa

Half Day
No Lunch

Summer Vacation
No School

Summer Vacation
No School

The Balanced Bite—Served with Choice of Fruit or Cup of Soup and a Fountain Beverage

Pasta with Meat Sauce
Garlic Bread

“The Bulldog”
Baked Potato Bar

Half Day
No Lunch

Summer Vacation
No School

Summer Vacation
No School

SproutBerry’s Deli-Served with Choice of Fruit or Cup of Soup and a Fountain Beverage

Turkey & Cheese Croissant
Sub Sandwich

Turkey & Cheese Croissant
Ham & Cheese Sub

Half Day
No Lunch

Summer Vacation
No School

Summer Vacation
No School

Rosemary Wilds—Served with a Choice of Fruit or Cup of Soup and Fountain Beverage

Fresh Baked Cheese and Pepperoni Pizza with Daily Specials and Gluten Free Option

Simmer’s Soup Stop

Chicken Noodle

Tomato

Gordon’s Grill—Served with Fries and a Fountain Beverage

Fresh Grilled Hamburgers, Chicken Sandwiches, French Fries and Daily Specials
Baked Potatoes, Available Daily with Assorted Toppings

Ala Carte Offerings-Available Everyday

Whole Fresh Fruit, Fresh Cut Fruit Cups, Yogurt Cups, Side Garden Salads, Bottled Beverages,
Half Pints of Milk, Bottled Water, Assorted Chips, Fresh Baked Cookies



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Monday

Tuesday

Wednesday

Thursday

Sizzle and Main-Served with Choice of Fruit and a Fountain Beverage

The Balanced Bite—Served with Choice of Fruit or Cup of Soup and a Fountain Beverage

SproutBerry’s Deli-Served with Choice of Fruit or Cup of Soup and a Fountain Beverage

Rosemary Wilds—Served with a Choice of Fruit or Cup of Soup and Fountain Beverage

Fresh Baked Cheese and Pepperoni Pizza with Daily Specials and Gluten Free Option

Simmer’s Soup Stop

Gordon’s Grill—Served with Fries and a Fountain Beverage

**Fresh Grilled Hamburgers, Chicken Sandwiches, French Fries and Daily Specials
Baked Potatoes, Available Daily with Assorted Toppings**

Ala Carte Offerings-Available Everyday

**Whole Fresh Fruit, Fresh Cut Fruit Cups, Yogurt Cups, Side Garden Salads, Bottled Beverages,
Half Pints of Milk, Bottled Water, Assorted Chips, Fresh Baked Cookies**



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