

Monday 1

Tuesday 2

Wednesday 3

Thursday 4

Friday 5

## Sizzle and Main-Served with Choice of Fruit and a Fountain Beverage

Christian School In-Service  
No SchoolBeef Tacos With Toppings  
Refried Beans  
ChurrosChicken Piccata  
Wild Rice  
Green Beans  
Dinner RollChicken Fried Steak  
Mashed Potatoes With Gravy  
Steamed BroccoliPulled Pork with Assorted Sauces  
Steamed Corn  
BBQ Beans  
Corn Muffins

## The Balanced Bite—Served with Choice of Fruit or Cup of Soup and a Fountain Beverage

Pork or Vegetable Fried Rice  
Egg RollsPenne Pasta w/Bolognese Sauce  
Garlic Bread"The Bulldog"  
Baked Potato BarChicken or Vegetable Stir fry  
White Rice

## SproutBerry's Deli-Served with Choice of Fruit or Cup of Soup and a Fountain Beverage

Turkey & Cheese Croissant  
Cold Cut Sub  
Tuna Salad SandwichTurkey & Cheese Croissant  
BLT Sandwich  
Fried Chicken WrapTurkey & Cheese Croissant  
Chicken Salad Sandwich  
Italian SubTurkey & Cheese Croissant  
Cold Cut Sub  
Buffalo Chicken Wrap

## Rosemary Wilds—Served with a Choice of Fruit or Cup of Soup and Fountain Beverage

Fresh Baked Cheese and Pepperoni Pizza with Daily Specials and Gluten Free Option

## Simmer's Soup Stop

Chicken Noodle

Beef Chili

Vegetable Soup

Chicken Tortilla

## Gordon's Grill—Served with Fries and a Fountain Beverage

Fresh Grilled Hamburgers, Chicken Sandwiches, French Fries and Daily Specials  
Baked Potatoes, Available Daily with Assorted Toppings

## Ala Carte Offerings-Available Everyday

Whole Fresh Fruit, Fresh Cut Fruit Cups, Yogurt Cups, Side Garden Salads, Bottled Beverages,  
Half Pints of Milk, Bottled Water, Assorted Chips, Fresh Baked Cookies

*ChefAdvantage is committed to serving  
Nutritious and Delicious Meals!*  
Locally sourced ingredients whenever possible  
No High Fructose Corn Syrup, Trans Fats, or MSG



Monday 8

Tuesday 9

Wednesday 10

Thursday 11

Friday 12

## Sizzle and Main-Served with Choice of Fruit and a Fountain Beverage

Chipotle-Mango Chicken with  
Cilantro Chimichurri  
Smoked Potato Salad  
Roasted Cauliflower

Hamburger Steak  
Roasted Red Potatoes  
Peas & Carrots  
Dinner Roll

Scrambled Eggs  
Pancakes With Syrup  
Sausage Patty  
Hash Browns

Beef Pot Roast  
With Carrots, Potatoes  
Dinner Roll

Baked Fish  
Green Beans  
French Fries  
Coleslaw

## The Balanced Bite—Served with Choice of Fruit or Cup of Soup and a Fountain Beverage

Spaghetti With Meatsauce  
Garlic Bread

Chicken Cheese Casserole  
Green Beans

Sweet & Sour Pork  
Steamed Rice, Egg Roll

Cheesy Taco Pasta

Chicken Alfredo  
Garlic Bread

## SproutBerry's Deli-Served with Choice of Fruit or Cup of Soup and a Fountain Beverage

Turkey & Cheese Croissant  
BLT Sandwich  
Buffalo Chicken Wrap

Turkey & Cheese Croissant  
Cold Cut Sub  
Fried Chicken Wrap

Turkey & Cheese Croissant  
Chicken Salad Sandwich  
Ham & Cheese Pinwheels

Turkey & Cheese Croissant  
Ham & Cheese Sandwich  
Grilled Vegetable Wrap

Turkey & Cheese Croissant  
Cold Cut Sub  
Fried Chicken Wrap

## Rosemary Wilds—Served with a Choice of Fruit or Cup of Soup and Fountain Beverage

Fresh Baked Cheese and Pepperoni Pizza with Daily Specials and Gluten Free option

## Simmer's Soup Stop

Chicken & Rice

Broccoli & Cheddar

Tomato

Chicken Noodle

Clam Chowder

## Gordon's Grill—Served with Fries and a Fountain Beverage

Fresh Grilled Hamburgers, Chicken Sandwiches, French Fries and Daily Specials  
Baked Potatoes, Available Daily with Assorted Toppings

## Ala Carte Offerings-Available Everyday

Whole Fresh Fruit, Fresh Cut Fruit Cups, Yogurt Cups, Side Garden Salads, Bottled Beverages,  
Half Pints of Milk, Bottled Water, Assorted Chips, Fresh Baked Cookies



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Lunch Menu

Columbia Academy Cafe

Nov 15-19

Monday 15

Tuesday 16

Wednesday 17

Thursday 18

Friday 19

Sizzle and Main-Served with Choice of Fruit and a Fountain Beverage

Ham & Cheese Sliders  
Tater Tots  
Fresh Fruit Cup

Roasted Turkey  
Mashed Potatoes with Gravy  
Sweet Potato Casserole  
Green Beans, Dressing,  
Cranberry Sauce, Dinner Roll

Chicken & Cheese Quesadilla  
Mexican Corn  
Chips & Salsa

Baked Chicken  
Rice Pilaf  
Steamed Broccoli  
Corn Muffin

Grilled Cheese Sandwich  
Tomato Soup  
Tropical Fruit Cup

The Balanced Bite—Served with Choice of Fruit or Cup of Soup and a Fountain Beverage

Chicken Pho Bowl  
Fortune Cookies

Pasta with Meat Sauce  
Garlic Bread

“The Bulldog”  
Baked Potato Bar

Mac & Cheese Bar

Sweet & Sour Chicken  
Steamed rice

SproutBerry’s Deli-Served with Choice of Fruit or Cup of Soup and a Fountain Beverage

Turkey and Cheese Croissant  
Ham and Provolone Croissant  
Buffalo Chicken Wrap

Turkey and Cheese Croissant  
Ham & Turkey Sub  
Crispy Chicken Wrap

Turkey and Cheese Croissant  
Chicken Salad Sandwich  
Cold Cut Sub

Turkey and Cheese Croissant  
Buffalo Chicken Wrap  
Tuna Salad Sandwich

Turkey and Cheese Croissant  
Ham and Cheese Croissant  
BLT Wrap

Rosemary Wilds—Served with a Choice of Fruit or Cup of Soup and Fountain Beverage

Fresh Baked Cheese and Pepperoni Pizza with Daily Specials and Gluten Free Option

Simmer’s Soup Stop

Chili

Chicken Noodle

Vegetable

Chicken & Rice

Beef Chili

Gordon’s Grill—Served with Fries and a Fountain Beverage

Fresh Grilled Hamburgers, Chicken Sandwiches, French Fries and Daily Specials  
Baked Potatoes, Available Daily with Assorted Toppings

Ala Carte Offerings-Available Everyday

Whole Fresh Fruit, Fresh Cut Fruit Cups, Yogurt Cups, Side Garden Salads, Bottled Beverages,  
Half Pints of Milk, Bottled Water, Assorted Chips, Fresh Baked Cookies



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Lunch Menu	<b>Columbia Academy Cafe</b>				Nov22-26
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<b>Monday 22</b>	<b>Tuesday 23</b>	<b>Wednesday 24</b>	<b>Thursday 25</b>	<b>Friday 26</b>
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**Sizzle and Main-Served with Choice of Fruit and a Fountain Beverage**

Roast Pork Loin Wild Rice Roasted Carrots Corn Muffins	Half Day No Lunch	Thanksgiving Break No School	Thanksgiving Break No School	Thanksgiving Break No School
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**The Balanced Bite—Served with Choice of Fruit or Cup of Soup and a Fountain Beverage**

Spaghetti With Meat sauce Garlic Bread	Half Day No Lunch	Thanksgiving Break No School	Thanksgiving Break No School	Thanksgiving Break No School
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**SproutBerry’s Deli-Served with Choice of Fruit or Cup of Soup and a Fountain Beverage**

Turkey and Cheese Croissant Ham and Cheese Croissant BLT Wrap	Half Day No Lunch	Thanksgiving Break No School	Thanksgiving Break No School	Thanksgiving Break No School
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**Rosemary Wilds—Served with a Choice of Fruit or Cup of Soup and Fountain Beverage**

Fresh Baked Cheese and Pepperoni Pizza with Daily Specials and Gluten Free Option

**Simmer’s Soup Stop**





Chicken Noodle				
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**Gordon’s Grill—Served with Fries and a Fountain Beverage**

Fresh Grilled Hamburgers, Chicken Sandwiches, French Fries and Daily Specials  
Baked Potatoes, Available Daily with Assorted Toppings

**Ala Carte Offerings-Available Everyday**

**Whole Fresh Fruit, Fresh Cut Fruit Cups, Yogurt Cups, Side Garden Salads, Bottled Beverages,  
Half Pints of Milk, Bottled Water, Assorted Chips, Fresh Baked Cookies**

			<p><i>ChefAdvantage is committed to serving Nutritious and Delicious Meals!</i></p> <p>Locally sourced ingredients whenever possible No High Fructose Corn Syrup, Trans Fats, or MSG</p>	
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Monday 29

Tuesday 30

Wednesday

Thursday

## Sizzle and Main-Served with Choice of Fruit and a Fountain Beverage

Chicken Tenders  
With Assorted Sauces  
Mac & Cheese  
Green Beans  
Dinner Roll

Meatloaf  
Mashed Potatoes with Gravy  
Steamed Broccoli  
Dinner Roll

## The Balanced Bite—Served with Choice of Fruit or Cup of Soup and a Fountain Beverage

Pork or Vegetable Fried Rice  
Egg Roll

Spaghetti with Meat Sauce  
Garlic Bread

## SproutBerry's Deli-Served with Choice of Fruit or Cup of Soup and a Fountain Beverage

Turkey and Cheese Croissant  
Ham and Provolone Croissant  
Buffalo Chicken Wrap

Turkey and Cheese Croissant  
Chicken Salad Sandwich  
Cold Cut Sub

## Rosemary Wilds—Served with a Choice of Fruit or Cup of Soup and Fountain Beverage

Fresh Baked Cheese and Pepperoni Pizza with Daily Specials and Gluten Free Option

## Simmer's Soup Stop

Chicken Noodle

Vegetable

## Gordon's Grill—Served with Fries and a Fountain Beverage

Fresh Grilled Hamburgers, Chicken Sandwiches, French Fries and Daily Specials  
Baked Potatoes, Available Daily with Assorted Toppings

## Ala Carte Offerings-Available Everyday

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