

October 2019

Columbia Academy PK /JK/K

Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>30</p> <p><i>Chicken Nuggets</i> <i>Roasted Potato</i> <i>Green Peas</i> <i>Fresh Fruit</i></p>	<p>1</p> <p><i>Grilled Hamburger</i> <i>Tater Tots</i> <i>Diced Carrots</i> <i>Diced Peaches</i></p>	<p>2</p> <p><i>Grilled Hot Dog</i> <i>French Fries</i> <i>Mixed Vegetables</i> <i>Fresh Watermelon</i></p>	<p>3</p> <p><i>Spaghetti with Meat Sauce</i> <i>Green Beans</i> <i>Toasted Breadstick</i> <i>Mixed Fruit</i></p>	<p>4</p> <p><i>Fresh Baked Cheese Pizza</i> <i>Baby Carrots with Ranch Dressing</i> <i>Strawberries</i> <i>Sugar Cookie</i></p>
<p>7</p> <p><i>Fall Break</i></p>	<p>8</p> <p><i>Fall Break</i></p>	<p>9</p> <p><i>Fall Break</i></p>	<p>10</p> <p><i>Fall Break</i></p>	<p>11</p> <p><i>Fall Break</i></p>
<p>14</p> <p><i>Beef Soft Tacos</i> <i>Steamed Rice</i> <i>Buttered Corn</i> <i>Diced Pineapple</i></p>	<p>15</p> <p><i>Chicken Penne Alfredo</i> <i>Green Beans</i> <i>Toasted Breadstick</i> <i>Diced Peaches</i></p>	<p>16</p> <p><i>Grilled Ham and Cheese</i> <i>Tater Tots</i> <i>Mixed Vegetable</i> <i>Mandarin Oranges</i></p>	<p>17</p> <p><i>Chicken Tenders</i> <i>Mac & Cheese</i> <i>Lima Beans</i> <i>Fresh Banana</i></p>	<p>18</p> <p><i>Fresh Baked Cheese Pizza</i> <i>Baby Carrots with Ranch Dressing</i> <i>Strawberries</i> <i>Sugar Cookie</i></p>
<p>21</p> <p><i>Mini Corn Dogs</i> <i>Macaroni and Cheese</i> <i>Green Peas</i> <i>Diced Cantaloupe</i></p>	<p>22</p> <p><i>Cheese Quesadillas</i> <i>Steamed Rice</i> <i>Buttered Corn</i> <i>Fresh Cut Fruit Salad</i></p>	<p>23</p> <p><i>Crispy Chicken Sandwich</i> <i>French Fries</i> <i>Garden Salad</i> <i>Diced Peaches</i></p>	<p>24</p> <p><i>Grilled Cheese</i> <i>Tater Tots</i> <i>Green Beans</i> <i>Fresh Banana</i></p>	<p>25</p> <p><i>Fresh Baked Cheese Pizza</i> <i>Baby Carrots with Ranch Dressing</i> <i>Strawberries</i> <i>Sugar Cookie</i></p>
<p>28</p> <p><i>Crispy Fish Sticks</i> <i>Potato Coins</i> <i>Sweet Peas</i> <i>Banana</i></p>	<p>29</p> <p><i>Cheese Ravioli with Sauce</i> <i>Green Beans</i> <i>Toasted Bread Stick</i> <i>Diced Peaches</i></p>	<p>30</p> <p><i>Chicken Nuggets</i> <i>Roasted Potato</i> <i>Green Peas</i> <i>MixedFruit</i></p>	<p>31</p> <p><i>Sloppy Joes</i> <i>Potato Chips</i> <i>Diced Carrots</i> <i>Clementines</i></p>	



**Lunch is Served with White Milk or Water
Chocolate Milk available on Friday**